DEPARTMENT OF THE NAVY
U.S. NAVAL RESERVE OFFICERS TRAINING CORPS UNIT
TEXAS A&M UNIVERSITY
COLLEGE STATION, TEXAS 77841-2920

NROTCUTAMUINSTRUCTION 1533.15J
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NROTC UNIT TEXAS A&M UNIVERSITY INSTRUCTION 1533.15J

Subj: MIDSHIPMAN HANDBOOK

Ref: (a) NSTCINST M-1533.2 (Series) Regulations for Officer Development for the Naval Reserve Officers Training Corps
(b) NAVPERS 15665I Navy Uniform Regulations
(c) MCO P1020.34 Marine Corps Uniform Regulations
(d) OPNAVINST 6110.1 Navy Physical Readiness Program
(e) MCO P6100.12 Marine Corps Physical Fitness Test and Body Composition Program Manual
(f) BUPERSINST 1610.10 Navy Performance Evaluation and Counseling System
(g) NROTCUTAMUINST 5452.1 (Series) SORM
(h) NROTCUTAMUINST 6100.1 (Series) Physical Fitness Training and Weight Control
(i) NROTCUTAMUINST 1533.2 (Series) Academic Requirements for NROTC Students

1. Purpose. This instruction is intended to provide each member of the Texas A&M University, NROTC Unit with information and guidance necessary for successful completion of the NROTC Program. Members of this Battalion include Navy and Marine option scholarship Midshipmen, College Program Basic and Advanced Standing, Officer Candidates in the Seaman-to-Admiral 21 (STA-21) Program, and Marines in the Marine Enlisted Commissioning Education Program (MECEP). All members will read and comply with the guidance found in this instruction. It is essential that each member also becomes aware of the requirements of the University and the Corps of Cadets. While comprehensive, this handbook is advisory in nature and may be superseded by NSTC or NROTCU TAMU guidance.

2. Action.

a. All members of the Midshipman Battalion will be familiar with and abide by the requirements of this instruction.

b. The NROTC Unit will maintain current copies of references (a) through (i) and make copies available to students requesting them.

3. Definition of Terms. The term "midshipman" when used in this manual is intended to apply to all members of the Midshipmen Battalion regardless of their commissioning program or military service status, unless otherwise indicated. This is done for simplicity and applicability of this instruction.

4. Revision. Proposed changes shall be routed through the Midshipman Chain of Command to the Battalion Commanding Officer, who will then forward them as a proposed change to the Commanding Officer via the Midshipman Battalion Advisor.

5. Cancellation. All Previous additions of the NROTC Unit, Texas A&M University Midshipmen Handbook are hereby cancelled and superseded.

M. D. SERNA

Midshipman Handbook

Table of Contents

Chapter	Subject	Page
Chapter I	**Naval Reserve Officers Training Corps**	
101	History of NROTC	1-1
102	Mission	1-1
103	Intent	1-1
104	History of Texas A&M NROTC	1-1
105	Present Day Texas A&M University NROTC	1-2
106	Leadership Laboratory	1-8
107	Special Units	1-8
Chapter II	**General Conduct**	
201	General	2-1
202	Foundation	2-1
203	Core Values	2-1
204	Conduct	2-2
205	Grooming Standards	2-3
206	Physical Readiness Standards	2-4
207	Uniform Replacement	2-4
208	Swimming Standards	2-4
209	Drill	2-4
210	Midshipman Performance Evaluations	2-4
211	Attendance	2-5
212	Leadership Laboratory (LLAB)	2-5
213	Disciplinary Conduct	2-6
214	Aptitude	2-7
215	Academic	2-7
216	Physical Readiness (PR)	2-9
217	Performance Deficiencies and Status	2-9
Chapter III	**NROTC Academic Requirements**	
301	General	3-1
302	Scholarship Program	3-1
303	College Program	3-6
304	Naval Science Student	3-8
305	Physical Training	3-8
306	Summer Training Requirements	3-8
307	Midshipman Rank	3-8
308	Urinalysis	3-9
309	Study Abroad	3-9

Chapter IV	**Entitlements and Administration**	
401	Subsistence Allowance	4-1
402	Books/Equipment for University Courses	4-1
403	Books/Equipment for Naval Science Classes	4-2
404	Training Pay (Cruise Pay)	4-2
405	Extended Entitlements	4-2
406	Dual Benefits	4-3
407	Physicals	4-5
408	Security Clearances	4-5
409	Armed Forces Identification Card	4-5
410	Release of Student Information	4-5
411	Opportunities for Experience	4-6
412	Professional Reading Lists	4-6
Chapter V	**Physical Readiness**	
501	Midshipman Physical Conditioning	5-1
502	Physical Qualification Requirements	5-1
503	Height-Weight Control	5-2
504	Swimming	5-2
505	Physical Fitness Assessment/Test	5-3
Table 1	Navy PFA Performance Table	5-4
Table 2	Marine PFT Point System	5-6
Table 3	Marine Corps PFT Score Classes	5-10
Table 4	Texas A&M NROTC PFA Score Standards	5-10
Table 5	Texas A&M NROTC Marine PFT Score Standards	5-10
506	Medical Injury During NROTC Activities	5-10
Chapter VI	**Summer Training**	
601	Required Training	6-1
602	Requirements	6-3
603	Cruise Waivers and Postponement Requests	6-4
604	Specialty Cruises	6-4
605	Travel Pay and Claims	6-6
606	Summer Cruise Physical Fitness Requirement	6-8

Chapter VII	**Naval Uniform**	
701	Policy	7-1
702	Issue	7-2
703	Alterations	7-3
704	Replacement	7-3
705	Insignia	7-3
706	Undergarments	7-5
707	Shirts	7-5
708	Trousers	7-5
709	Belts	7-6
710	Buckle	7-6
711	Socks	7-6
712	Grooming Standards	7-6
Chapter VIII	**Naval Etiquette and Customs**	
801	Military Etiquette and Naval Customs	8-1
802	Saluting	8-1
803	Courtesy and Deference	8-1
804	Naval Heritage	8-4
Chapter IX	**Midshipmen Evaluation and Aptitude Determination**	
901	Performance Evaluation	9-1
902	Ranking	9-1
903	Midshipman Battalion Staff Evaluations	9-2
Chapter X	**Graduation, Commissioning, and Active Duty**	
1001	Eligibility	10-1
1002	Delays in Commissioning	10-1
1003	Active-Duty	10-1
1004	Service Assignment	10-1
1005	Graduate Study	10-3
1006	Uniforms	10-3

Chapter I

NAVAL RESERVE OFFICERS TRAINING CORPS

101. History of NROTC. The Naval Reserve Officers Training Corps (NROTC) was established in 1926 to offer select college students the opportunity to obtain a commission in the United States Naval Reserve. NROTC Units were established at six universities with the idea of expanding to other universities at a later date. At the close of World War II, the United States Navy was the world's leading sea power and the requirement for a larger corps of career officers became apparent. In 1946, the Holloway Plan was passed by Congress, which created the "Regular NROTC Program". This program set guidelines for the accession of junior officers into the regular Navy and Marine Corps through civilian educational institutions.

102. Mission. To develop future officers mentally, morally, and physically and to imbue them with the highest ideals of duty and loyalty, and with the core values of Honor, Courage, and Commitment in order to commission college graduates as naval officers who possess a basic professional background, are motivated toward careers in the Naval Service, and have a potential for future development in mind and character so as to assume the highest responsibilities of command, citizenship, and government.

103. Intent. The intent of the NROTC Program is to act as an officer accession program for the Navy and Marine Corps and to provide and maintain naval officer strength by:

a. Qualifying students for appointments as Ensigns in the Navy or Second Lieutenants in the Marine Corps.

b. Increasing dissemination of information concerning the Navy and Marine Corps, their purposes, ideals and achievements, thereby gaining and holding increased public interest in the maintenance of adequate naval preparedness.

104. History of Texas A&M University NROTC. The Naval ROTC Unit at Texas A&M University was established on 01 June 1972 and became fully operational in September of the same year. Naval ROTC was the last of the three service ROTC's to be established at Texas A&M University. With this addition, Texas A&M University became the second educational institution (after the Citadel) to provide officer training in all service branches.

The first NROTC graduating class was planned for 1976; however newly recruited Naval Science Institute (NSI) personnel enabled the unit to commission its first Navy Ensign in December 1974 and its first Marine Second Lieutenant in May 1975. In 1975, Texas A&M University's NROTC Unit became the largest of its kind in the nation.

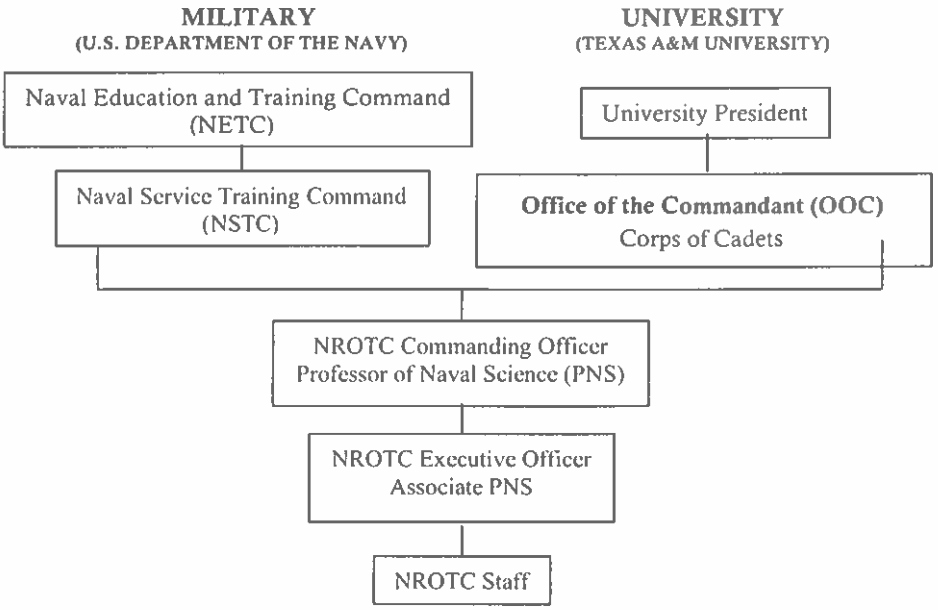
The first NROTC companies in the Texas A&M Corps of Cadets, N-1 and H-1, were initially assigned to the 1st Brigade (Army). In the Fall of 1975, the 1st Regiment of the Corps of Cadets was formed under the sponsorship of Naval ROTC. It consisted of the newly formed 5th and 6th Battalions of four companies each. The 5th Battalion was composed of C-2, H-2, D-1, and N-1; 6th Battalion was composed of E-2, K-2, P-2, and M-2.

105. Present Day Texas A&M University NROTC

a. NROTC is aligned with the Regiment of the Corps of Cadets and provides military advisement to outfits within the Regiment. The Regiment contains three minor units (5th, 6th, and 7th Battalions) and ten outfits: G-2, P-2, and S-1 comprise the 5th Battalion, C-2, E-2, and N-1 comprise the 6th Battalion, and D-1, G-1, K-2, and S-2 comprise the 7th Battalion. Many midshipmen also serve in the Aggie Band. NROTC attempts to have scholarship midshipmen belong to units within the First Regiment so that they are exposed to naval customs and traditions during their Corps of Cadets experience. However, midshipmen can be found in outfits outside of the Regiment. All freshmen and sophomore cadets in the Regiment take Naval Science (NVSC) classes during their first three semesters in the Corps, regardless of contracted commissioning status, and are referred to as NVSC students. Drill and Ceremony (D&C) Cadets, those cadets not pursuing military commissions, also make up a significant percentage of the Regiment. Additionally, the Midshipman Battalion is a student organization with special unit status, whose members are comprised solely of Scholarship and College Program Midshipmen who are contracted or seeking a contract to commission as an officer in the Navy or Marine Corps following graduation. The Midshipman Battalion works with the Regiment and Corps of Cadets to ensure required Naval training is completed within the structure of the Corps of Cadets.

b. Organization within the University. The Commanding Officer of the NROTC Unit is the Professor of Naval Science (PNS). Within the university hierarchy, the PNS functions as a full professor and academic department head. This ensures Naval Science course objectives are met and midshipmen degree plans

are completed. The Executive Officer is the Associate Professor of Naval Science. His responsibility is to assist the PNS in meeting the goals of the NROTC Program. The U.S. Department of the Navy TAMU NROTC Unit and Texas A&M University **OOC** Organizational Charts are as follows:



c. NROTC Staff. The NROTC Staff consists of all officers, enlisted, and civilian personnel assigned to the NROTC Unit, see Figure (1) below:

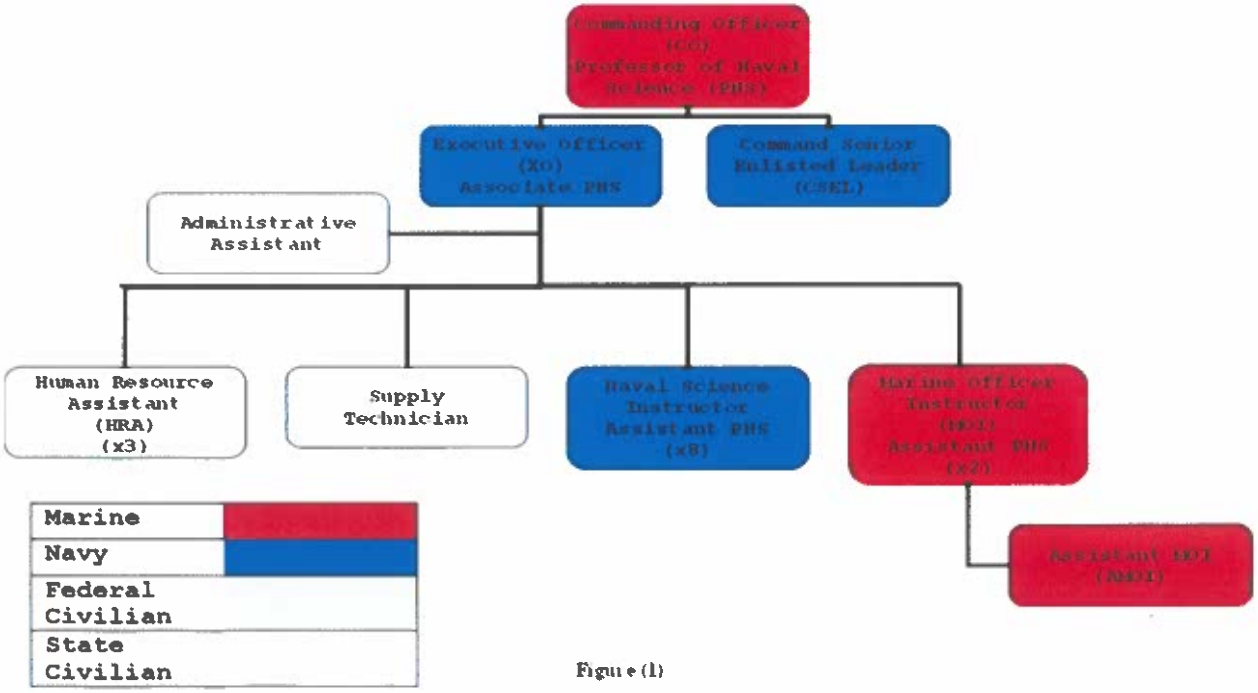


Figure (1)

d. Midshipman Battalion. In order to provide better training and exposure to the Naval Services, the Texas A&M University Midshipman Battalion was established in the fall semester of 1999. The Midshipman Battalion is a recognized student organization and is comprised of all scholarship midshipmen, College Program students, Officer Candidates, and MECEPs.

(1) Midshipmen are individuals in the Corps of Cadets that have been awarded a contract to enter into the Marine Corps or Navy upon graduation and completion of all requirements for officer candidates of their selected service.

(2) College Program students are members of the Corps of Cadets that participate in Naval Science courses and Leadership Laboratory and are seeking a contract to be commissioned as a naval officer upon graduation, either in Basic status as a freshman or sophomore, or in an Advanced Standing status as a junior or senior.

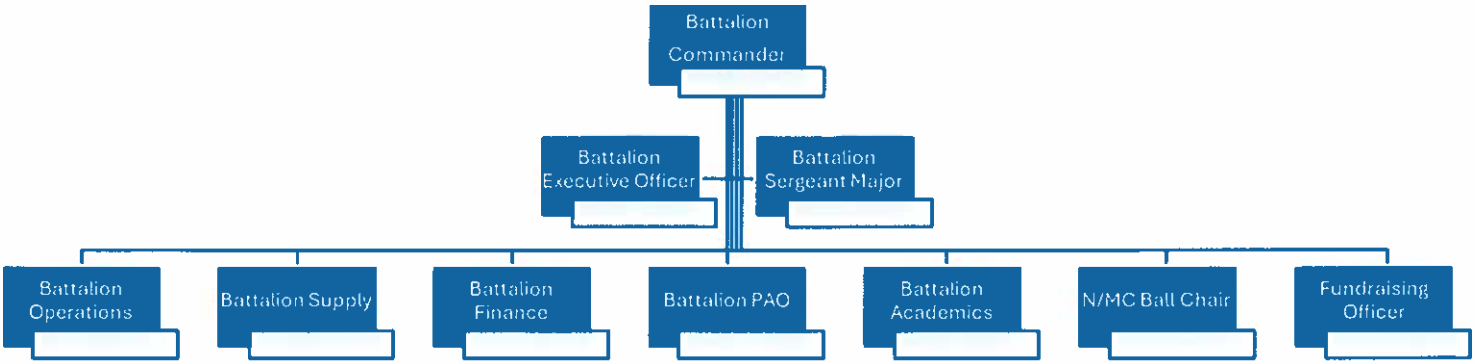
(3) STA-21 Personnel are also referred to as Officer Candidates (OC). These individuals are active-duty Navy enlisted personnel participating in the Seaman to Admiral (STA-21) Program in order to earn commissions as a naval officer.

(4) MECEP Personnel are active-duty enlisted Marines participating in the Marine Enlisted Commissioning Education Program in order to earn commissions as Marine Officers.

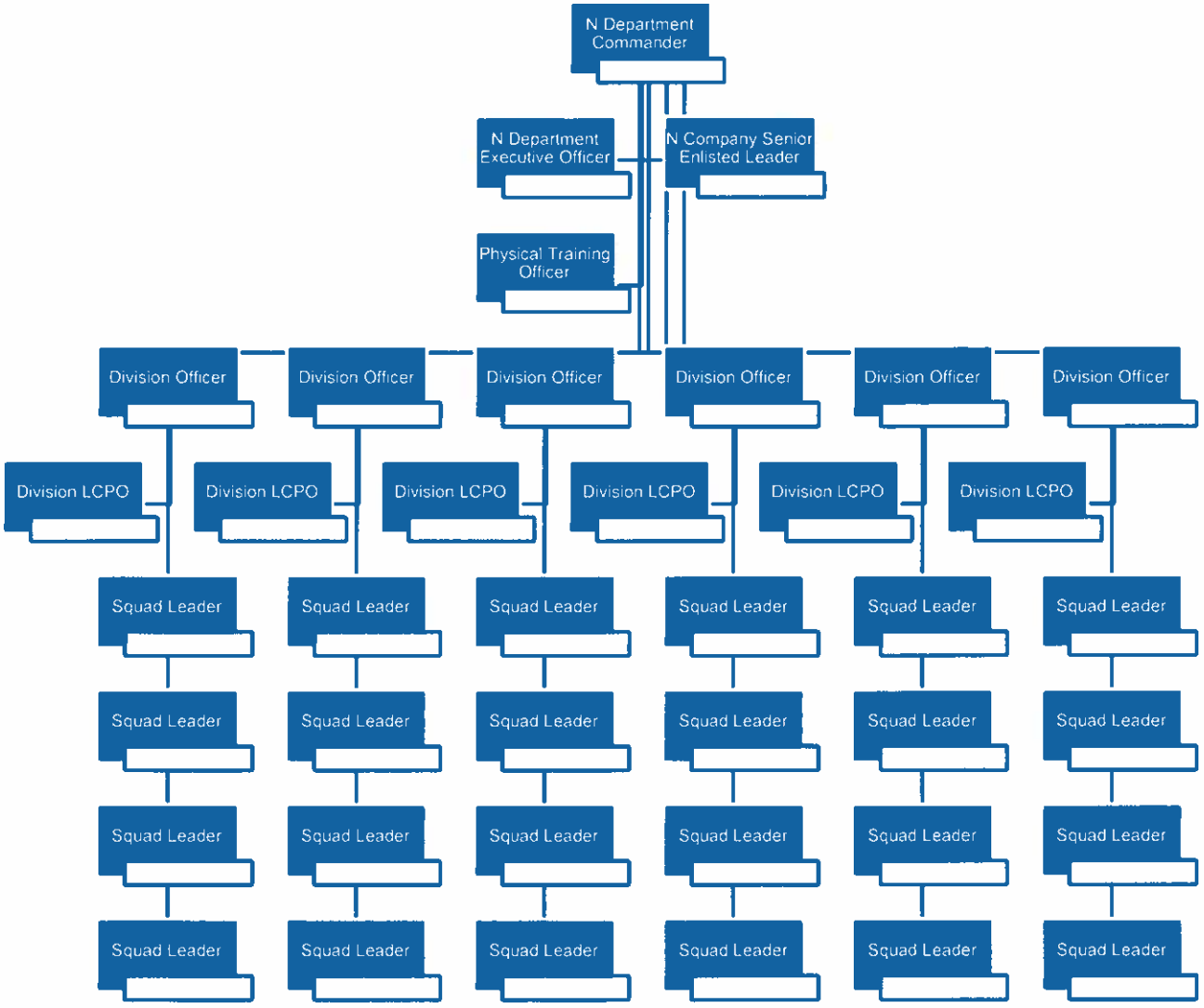
(5) Naval Science Students are students taking Naval Science classes to satisfy a university degree requirement, or Corps of Cadets membership requirement, and are not seeking a commission in the Navy or Marine Corps. Most of these individuals will be freshmen and sophomores in the Corps of Cadets.

e. Structure. Refer to the Midshipman Battalion Billets and Descriptions for further guidance on billet responsibilities.

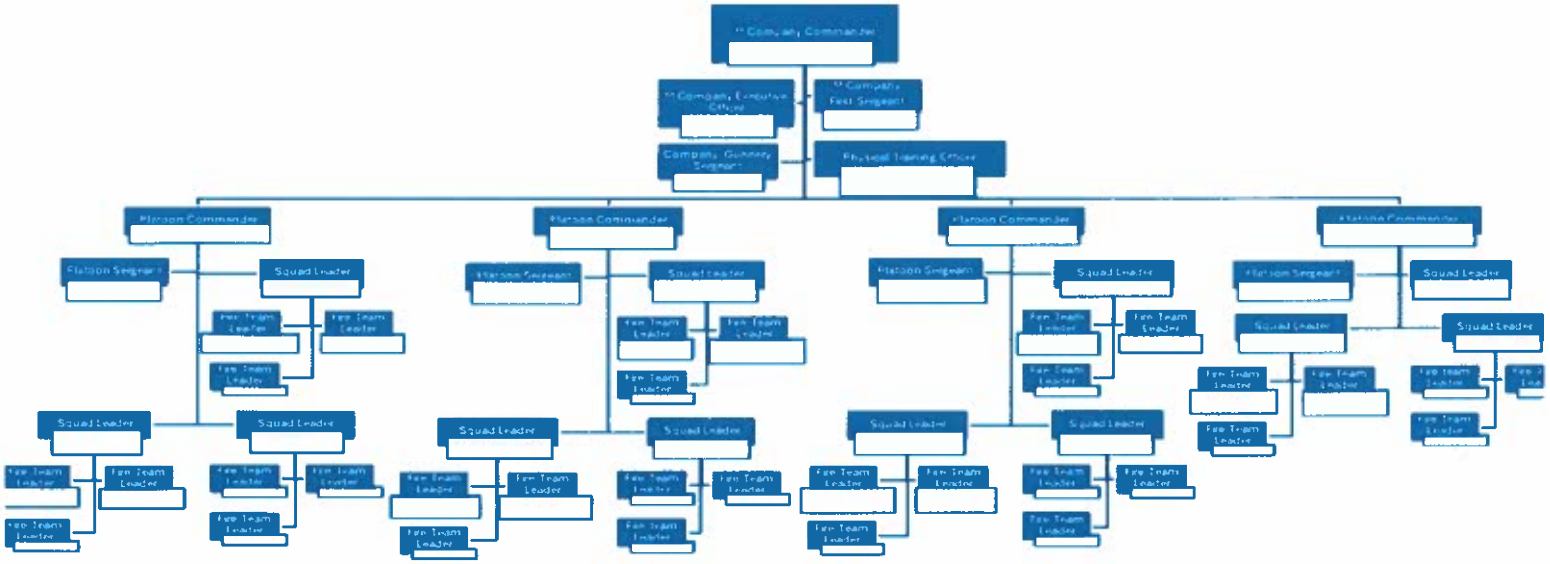
Battalion Command Structure



November Department Structure



Mike Company Structure



106. Leadership Laboratory. The Midshipman Battalion musters each once per week during the academic year from 1615-1815 for Leadership Laboratory and on other occasions as directed by the Battalion Commander or the Professor of Naval Science.

a. A Letter of Instruction (LOI) detailing the specific training and requirements for each week's laboratory will be posted on the Midshipman Battalion Microsoft Teams Channels NLT close of business the preceding Friday. The LOI is required reading for all members of the Midshipman Battalion.

b. Training within the Midshipman Battalion is comprised of events such as:

(1) Physical Fitness
(2) Drill
(3) Financial Management
(4) Swim Training
(5) Guest Lectures/Presentations
(6) Leadership and Ethics
(7) Military Skills
(8) Small Unit Training
(9) Weapons Familiarization, 9MM, M-16
(10) Land Navigation
(11) Various Hands-on Training

107. Special Units. The Sea, Air, and Land (SEAL) Platoon and RECON Company are recognized student organizations sponsored by the Corps of Cadets and are considered Armed Forces Affiliated Special Units. NROTC may provide informal mentorship at the discretion of the CO to these organizations, but there is no formal relationship with NROTC. SEAL Platoon is focused on preparing students for the Navy Special Warfare community and includes physical training that is VERY intense. RECON Company is also focused on physical training of its members but also includes training in basic skill sets associated with Marine RECON missions. First semester, midshipmen are not eligible to join either SEAL Platoon or RECON Company until midterm grades are posted and they have achieved a 2.5 or higher. All other midshipmen wishing to join one of these organizations must meet the academic and other requirements of each organization and be in good standing in the NROTC Program.

Chapter II

GENERAL CONDUCT

201. General. This chapter outlines the conduct expected of all members of the NROTC Unit at Texas A&M University. This chapter will explain the foundation for those expectations, the Core Values of the United States Naval Service, and how those values are expressed through a midshipman's conduct. Conduct refers to both behavior and procedures.

202. Foundation. America expects the behavior of its Naval Officers to be beyond reproach. "It expects a living portrayal," according to NAVMC 2563, *Armed Forces Officer*, "of the highest standards of moral and ethical behavior…the future of the services and the well-being of its people depend on the public perception and fact of the virtue and trustworthiness of the officer corps."

203. Core Values. Since its establishment in 1775, the United States Naval Service has sought to produce not only the best warriors, but the best people. They are men and women who live by a set of enduring core values which forms the bedrock of their character. These Core Values give Sailors and Marines strength and regulate their behavior; they bond the Naval Services into a total force that can meet any challenge.

- **Honor** guides Sailors and Marines to exemplify the ultimate in ethical and moral behavior; to never lie, cheat or steal; to abide by an uncompromising code of integrity; respect human dignity; and respect others. The quality of maturity, dedication, trust and dependability commit Sailors and Marines to act responsibly; to be accountable for their actions; to fulfill their obligations; and to hold others accountable for their actions.

- **Courage** is the mental, moral and physical strength ingrained in Sailors and Marines. It carries them through the challenges of combat and helps them overcome fear. It is the inner strength that enables a Sailor or Marine to do what is right; to adhere to a higher standard of personal conduct; and to make tough decisions under stress and pressure.

- **Commitment** is the spirit of determination and dedication found in Sailors and Marines. It leads to the highest

order of discipline for individuals and units. It is the ingredient that enables 24-hour a day dedication to Navy, Corps, and country. It inspires the unrelenting determination to achieve a standard of excellence in every endeavor.

204. Conduct. All Midshipmen of the Texas A&M University Naval ROTC Program are expected to be guided by our Core Values in all that they do, regardless of circumstances, and to hold their fellow midshipmen to the same.

a. Midshipmen will conduct themselves in accordance with the policies, regulations, and traditions of the NROTC Program and the United States Naval Service and hold their fellow midshipmen to the same.

b. Midshipmen will conduct themselves in accordance with rules and regulations of Texas A&M University. Students will inform their advisor in a timely manner any time disciplinary action is taken against them by the University, the Corps of Cadets, or civilian law enforcement.

c. Midshipmen will be familiar with the hazing policies of the Unites States Navy, the United States Marine Corps, and Texas A&M University and the Corps of Cadets. Hazing is contrary to good order and discipline and will not be tolerated. Midshipmen who participate in hazing or fail to report hazing will be severely punished.

d. Midshipmen will follow all lawful orders of the NROTC Staff, and the students appointed above them. Midshipmen assigned leadership billets within the Midshipman Battalion are appointed by the Commanding Officer and serve as his or her direct representative in that role.

e. Midshipmen will communicate with NROTC Staff members (Military and Civilian) in a timely, professional, and courteous manner. Midshipmen are expected to check their phone and email daily and respond to any staff messages within 24 hours during the business week.

f. Midshipmen assigned to leadership billets within the Midshipman Battalion will apply the Leadership Traits and Leadership Principles in the performance of their duties.

g. Midshipmen assigned to leadership billets will be accountable for everything their subordinates do or fail to do.

Once an order, task, or direction has been issued, leaders are expected to supervise until the mission has been accomplished.

h. Midshipmen will adhere to the customs, courtesies, and traditions of the United States Navy and the United States Marine Corps. These are vital to the good order and discipline of the Naval Service.

i. Midshipmen who are on Summer Training are on active-duty orders and are subject to the Uniform Code of Military Justice (UCMJ). Violation of any article under the UCMJ can have an adverse impact on the potential for continued service and can result in incarceration.

j. During the academic year, all midshipmen are expected to wear the Corps or NROTC uniform of the day (UOD) when conducting business in the Trigon to include attending class, meeting with military advisors or civilian staff, etc. Students conducting mandatory study hall hours may wear physical training gear. During the summer, appropriate civilian attire is acceptable. **At no time will physical training gear be worn when transiting through or meeting in the NROTC command deck spaces on the 1st floor of the Trigon.**

k. Midshipmen are expected to utilize all resources made available to them, including: the Battalion Canvas page, Battalion Chain of Command, published guidance, etc., prior to approaching staff members with questions/requests. The intent of this expectation is to develop self-sufficiency and questioning attitude in future naval officers, and not to impede accessibility of midshipmen to the staff.

The Honor Code. Military systems, which often operate under extreme duress, are built on a foundation of absolute trust and fidelity. Honor must be instilled upon future officers during accession training and carried into fleet service. **A future officer and Aggie does not lie, cheat, or steal or tolerate those that do.**

205. Grooming Standards. All personnel within the Midshipman Battalion will maintain the standards of the uniform and personal grooming standards set forth in MCO P1020.34G and Navy Uniform Regulations. It is expected that while in the Corps of Cadets, you must also adhere to guidelines set forth in *"The Standard"*. Only Fifth-year students may grow mustaches and must fall within grooming standards set forth by uniform regulations.

206. Physical Readiness Standards. Physical fitness is a crucial element of mission readiness and must become part of every midshipman's life. Midshipmen who score below a "Good Low" (60) in any category for the Navy Physical Readiness Test (PRT) or a 250 on the Marine Physical Fitness Test (PFT), or fail to meet the height/weight standards set forth in OPNAVINST 6110.1H and MCO P6100.12, will be placed on Physical Readiness (PR) Warning or Probation as appropriate, and be assigned to the unit's Fitness Enhancement Physical Training Program. Additional failures may result in a PR Performance Review Board (PRB). Midshipmen will be required to take both an "Inventory" PRT/PFT at the beginning, and an "Official" PRT/PFT at the end of each semester.

207. Uniform Replacement. Uniforms are normally issued during New Student Indoctrination (NSI) at Naval Station Great Lakes. Midshipmen in the College Program who have not yet attended NSI may be issued uniforms locally through the unit's supply. Replacement of uniforms due to outgrowing or normal wear-and-tear, and clothing which is lost, mutilated, or destroyed due to negligence or misuse is the midshipman's responsibility.

208. Swimming Standards. Swim qualification is normally achieved during NSI. Midshipmen must achieve a Third-Class swim qualification by the end of their first year in the program. Midshipmen must attend an annual swim test until Second-Class swim qualification is attained. Due to the number of career paths that require a Second-Class swim qualification, all students shall re-test until attained. Upon obtaining both Third and Second-Class swim qualifications, MIDN are exempt from further testing.

209. Drill. All formations and movements will be conducted in accordance with Marine Corps Drill and Ceremonies Manual, MCO P5060.20.

210. Midshipman Performance Evaluations. All members of the Midshipman Battalion will receive a Fitness Report (FITREP) each semester. The evaluation will be conducted by his or her military advisor and signed by the PNS. The midshipman leadership of each midshipman will provide 2-3 fitness report comments through the midshipman chain of command to the military advisors. That evaluation will be a fair and comprehensive appraisal of the midshipman's accomplishments and demonstrated leadership potential, in accordance with Chapter XI of this instruction.

211. Attendance

a. All members of the Midshipman Battalion are expected to attend battalion functions. Midshipmen are expected to attend all command events and social functions in order to become familiarized with proper etiquette and social skills. The attire will be the Uniform of the Day (UOD) unless otherwise communicated. When civilian attire is approved, midshipmen will adhere to the standards outlined in MCO P1020.34, Marine Corps Uniform Regulations.

b. If a midshipman is required to miss any mandatory event (Leadership Laboratory (LLAB), PT, FTX, etc.) an excusal request must be submitted through the Battalion Chain of Command to the midshipman's military advisor. Guidance on excusal requests shall be provided by Battalion Leadership. A submission does not mean an excusal is granted. Communicate through the chain of command as needed.

212. Leadership Laboratory (LLAB). LLAB takes place one day per week from 1615 to 1815 during the fall and spring semesters, and is an academic laboratory associated with Naval Science (NVSC) classes. Attendance and participation are required for all midshipmen, including 5th year Midshipmen and those taking HIST 232 in lieu of NVSC 205. NVSC students who are not midshipmen will normally not be required to attend except for PNS Addresses at the beginning and end of each semester, exceptions will be communicated in NVSC classes and through the Regiment. Requests to miss LLAB are due through the Midshipman Battalion Chain of Command (Mike Company or November Department) to the appropriate military advisor NLT 1700 on the Monday preceding that LLAB. It is the responsibility of the midshipman submitting the request to ensure that the request has been approved by their military advisor before missing LLAB. Decisions on LLAB excusal requests will be communicated by the Midshipmen Chain of Command. Midshipmen shall schedule their other academic classes to ensure LLAB attendance to the maximum extent possible. Midshipmen who have no other alternative to miss LLAB due to a class-conflict (as verified by their military advisor) shall be excused from LLAB by the unit Academic Officer.

LLAB will normally convene with formation, either the full Battalion or separately as Mike Company and November Department, with location and formation type communicated in advance. LLAB will normally consist of the following warfare community specific training areas:

a. Mike Company Marines will normally train together, usually in preparation for each semester's Field Training Exercise (FTX).

b. Navy Freshmen will align with training associated with basic officership and officer/enlisted relationships.

c. Navy Sophomores will align with Surface Warfare training, normally utilizing the COVE simulators.

d. Navy Juniors will align with Nuclear Power training, consisting both of nuclear preparation and damage control.

e. Navy Seniors will align with Naval Aviation (even if service assigned to a different community) consisting of community briefings and simulator use if available. Navy 5th years may elect to participate in a different warfare area that aligns with their service assignment.

213. Disciplinary Conduct. Students are expected to conduct themselves per the standards of socially acceptable behavior and display military officer bearing and demeanor at all times. Failure to do so will result in punitive action, up to and including disenrollment from the program following a Performance Review Board (PRB). Inappropriate standards of conduct are categorized as major and minor offenses.

a. Major Offenses. Any Major offense that is handled by civilian authority and law enforcement will be reported up the chain of command by the individual that committed the offense. Major offenses are those offenses which violate the NROTC Honor Code or involve moral turpitude, a serious breach of discipline, disregard or contempt for authority, or actions which bring discredit upon the Naval Service. Major offenses include but are not limited to the following:

(1) Falsehoods of any nature, including fraud, cheating, plagiarism, and intentional failure of any NROTC standard.

(2) Theft

(3) Moral Turpitude Offenses

(4) Alcohol/Drug Abuse

(5) Insubordination

(6) Assault

(7) Hazing

(8) Destroying or Defacing Property

(9) Aggravated or repeated unauthorized absence, to include unauthorized academic class absences.

(10) Sexual Harassment/Assault

(11) Harassment of any person or groups based on race, color, religion, sex, national origin, or sexual orientation.

(12) Pattern of conduct unbecoming an officer (conviction not required).

(13) Repeated infractions of minor offenses.

b. Minor Offenses. Minor offenses are offenses of a less serious nature that involve comparatively minor infractions of instructions, orders, or regulations, such as poor grooming standards, poor personal appearance, and repeated tardiness or unauthorized absence regarding prescribed Naval Science classes or activities.

214. Aptitude. Aptitude is the perceived ability of a student to succeed in commissioned service. The delineation between satisfactory and substandard aptitude is a responsibility of the PNS. The PNS shall determine aptitude performance based on personal observation, counseling records, and discussions with unit personnel. All standards previously addressed outline areas of student performance which, when evaluated together, provide a measure of aptitude for commissioned service. An aptitude deficiency exists when any of the following apply: commission of a major or minor offense, failure to meet physical readiness requirements, poor display of leadership, unwillingness to schedule required academic courses, dropping courses without prior approval of the PNS, or poor personal conduct, such as irresponsibility in contracting debt.

215. Academic. An academic performance deficiency exists whenever any of the following occur during a semester:

a. Term or cumulative Grade Point Average (GPA) is below 2.50.

b. Failure or incompletion of any course (includes a "D" if a "C" or better is required for that major).

c. For Navy Option, failure or incompletion of a calculus or physics requirement (includes a "D" if a "C" or better is required for that major or to enroll in the follow-on course), or failure to complete Calculus I and Calculus II by the end of the sophomore year, or failure to complete Physics 1 and Physics 2 and associate laboratories by the end of the junior year.

d. Enrolling in or completing less than 12 credit hours of non-Naval Science courses, unless previously approved in writing by the PNS.

e. Placed on Academic Probation by the university.

f. Failure to complete any other NROTC academic requirement, such as:

(1) National Security Policy/American Military History. One semester (3 semester hours) of a National Security Policy or American Military History course. A full list of pre-approved classes can be obtained from NROTC academic advisors. New courses can be approved, if they fulfill requirements, by academic advisors. This requirement may be fulfilled by the end of the junior year.

(2) English. Two semesters (6 semester hours) of English must be completed by the end of sophomore year.

(3) Cultural Awareness. One semester (3 semester hours) of a cultural awareness class covering non-western cultures, society, or thought. Courses from many disciplines meet this requirement and must be approved by a class advisor.

(4) College Math. Two semesters (6 semester hours) of College Math (Algebra or higher) by the end of the Junior year and two semesters of Physical Science by the end of the Senior year. (College Program Advanced Standing only).

(5) Failure to enroll in required Naval Science (NVSC) courses, to include Leadership Laboratory.

g. While the summer is authorized for midshipmen to use for completion of timeline requirements like calculus (summer before junior year), physics (summer before senior year), etc., this should never be the initial plan for a midshipman due to

the busy and dynamic nature of summer training. Summer training will always take priority. Students that are unable to complete academic requirements on time for any reason will be held accountable per reference (a).

216. Physical Readiness. A Physical Readiness performance deficiency whenever an inventory or official PFA, PRT, or PFT is failed, or a midshipman is unable to achieve the required swim qualification.

217. Performance Deficiencies and Status. A midshipman that demonstrates a performance deficiency in the performance areas of Academics, Discipline, Physical Readiness, or Aptitude may be subject to NROTC administrative action. This action may include official counseling by the midshipman's chain of command or military advisor. If counseling fails to correct a performance deficiency, or if it is egregious enough, a midshipman may be assigned a status by the PNS or be subject to a Performance Review Board (PRB).

a. Warning. Warning is the first level of disciplinary action for students who have failed to achieve or maintain program standards. The warning letter shall state precisely the nature of the concern, identify remedial actions required of the student (e.g. mandatory study hall, required readings with a book report, etc.), outline assistance available, and warn that failure to correct the deficiencies or identification of further deficiencies may result in probation, LOA, or disenrollment. The decision to place a student on warning is at PNS discretion and does not require a PRB.

b. Probation. Probation is the next level of disciplinary action for students who have failed to achieve or maintain program standards. The probation letter shall state precisely the nature of the concern, identify remedial actions required of the student (e.g. mandatory study hall, required readings with a book report, etc.), outline assistance available, and warn that failure to correct the deficiencies or identification of further deficiencies may result in LOA or disenrollment. The decision to place a student on probation is at PNS discretion and does not require a PRB.

c. Leave of Absence (LOA). Although continuation of probation beyond one term is an option that may be exercised by the PNS, a more appropriate action may be LOA or disenrollment. LOA is an administrative tool which suspends NROTC benefits, however midshipmen on LOA still participate in unit activities

(PT, LLAB, etc.). The decision to place a student on LOA is at the PNS discretion and requires a PRB. The PNS shall issue a letter notifying any student placed on LOA and shall be acknowledged by the student with date and signature. The letter shall state precisely the nature of the concern, identify remedial actions required of the student, and warn that failure to correct the deficiencies or identification of further deficiencies may result in disenrollment.

d. Disenrollment. Disenrollment is self-explanatory and requires a PRB. Midshipmen may be subject to financial recoupment or Directed Active Enlisted Service.

e. Performance Review Board (PRB). PRBs recommend action to the Commanding Officer as a result of questionable aptitude, disciplinary, physical readiness, or academic performance by a midshipman. Members of these boards include the Executive Officer as senior member and three staff officers. Recommendations include warning, probation, Leave of Absence (LOA), and disenrollment. These are recommended commensurate with the severity of the offense or deficiency.

Chapter III

NROTC PROGRAMS

301. General. Students enrolled in Naval ROTC and those taking Naval Science Classes are classified as one of the following:

a. Scholarship Midshipman

b. Advanced Standing College Program Midshipman

c. Basic College Program Student

d. Naval Science Student

302. Scholarship Program

a. Sources. The Navy and Marine Corps Option Scholarship Program is the foundation of Naval ROTC. High school students compete for four-year scholarships on a nationally competitive basis. These students receive financial assistance for tuition, books, and certain university fees and also receive a graduated monthly subsistence allowance. Those students not on scholarship, but enrolled as College Program or Naval Science students may apply for a Three, Two, or One-Year Sideload Scholarship if they have demonstrated academic, physical fitness, and aptitude potential and interest in seeking a commission in the U.S. Navy or Marine Corps.

b. Benefits. NROTC Scholarship Program students receive financial assistance and are appointed Midshipmen in the U.S. Navy Reserve or U.S. Marine Corps Reserve. The financial assistance provided with the scholarship consists of the following:

(1) Tuition for a maximum period of four academic years*
(2) University Advancement Fee
(3) Student Center Complex Fee
(4) Recreation Sports Fee (Gym)
(5) Sports All Access Pass
(6) Health Center Fee
(7) Bi-weekly Subsistence Allowance
(8) Book stipend (See Chapter IV for details)
(9) Uniforms (Uniform Commutations are paid in the spring semester annually to midshipmen as a reimbursement while

enrolled in the Corps of Cadets. Military service uniforms are normally issued at NSI.)

***NOTE**: Extended Entitlements beyond four years may be requested. See Chapter IV for details.

c. Fees not normally paid by NROTC scholarship include:

(1) Those fees for special interest elective courses requiring additional fees, such as physical education courses for mountain climbing, skiing, horseback riding, etc., and courses in elective options for academic majors that require additional fees, i.e., flying instruction.

(2) Midshipmen do not normally attend summer school because this time is normally reserved for Summer Training. Summer school tuition is not authorized for midshipman who need to make up credits to graduate on schedule because they dropped or failed courses, lost credit due to change of major, did not carry a large enough class load, or have a substandard GPA. Provided that the midshipman's advisor has recommended in writing the midshipman's attendance at summer school in order to fulfill the midshipman's degree plan, the PNS has the authority to approve midshipman's attendance at summer school under one of the following circumstances:

(a) When specific courses are an integral part of the major field of study required for the baccalaureate degree but are not offered during the regular academic year.

(b) When attendance at summer school will advance the normal commissioning date and will not preclude meeting Naval Science and Summer Cruise requirements.

(c) If attendance at summer school will enable a student who would otherwise be eligible for Extended Entitlements to graduate within the prescribed semesters.

(d) If courses are required to be repeated due to injury or illness which prevented completion of the scheduled courses during the regular academic year, provided such absence was approved by school officials and the PNS.

(e) When attendance at a summer session is a degree requirement.

(3) NROTC will pay tuition/fees (excluding travel and living expenses) for off-campus courses at Blinn College that are part of a degree program and are mandatory requirements for graduation and commissioning (such as calculus and physics requirements). Midshipmen requesting Blinn tuition shall provide their advisor with proof of enrollment at least one week prior to the start of an academic semester. Blinn and TAMU summer tuition requests with proof of enrollment will normally be due by 1 April each year.

(4) Fees for advanced placement examinations will be reimbursed only if the examination results in credit for courses which are included in the student's degree program or will advance the student's commissioning date. NROTC will pay fees (such as health, student activity, athletic, library, student union, or transcript fees) imposed on all full-time undergraduate students, and which are not optional (i.e. cannot be rejected by the student).

(5) Expenses for which the individual student is responsible:

(a) Refundable fees such as breakage or required deposits for use of apparatus or breakage charges incurred.

(b) Delinquent fees assessed by the institution for failure to comply with institutional requirements.

(c) Tuition charges and fees for work undertaken as a result of past academic deficiencies or failures.

(d) Financial benefits are not authorized for the retaking of courses for which payment was made in previous terms (e.g. second tries at courses previously failed, re-enrollment in courses dropped after the Navy was financially obligated to pay tuition, etc.).

(e) Purchase of any equipment intended for personal use (e.g., laptops, calculators, drafting tools) cannot be paid by NROTC even if purchase is required by the university.

(f) Student Parking and lost student ID.

d. Drop on Request (DOR). A 4-year scholarship student may DOR their scholarship at any time prior to the obligation date of 1 September of their sophomore year. If a DOR letter is submitted before that date, the student incurs no financial

obligation or required military service. A 4-year scholarship student who DOR's after that obligation date will be required to reimburse tuition and fees paid on their behalf by the U.S. Navy. Sideload Scholarship recipients are obligated the date their contract is activated with no grace period. Additionally, a student may not initiate a DOR if they are subject to a PRB and the PRB Convening Order has been issued.

e. Program Requirements. Scholarship and Advanced Standing students are required to participate in summer training programs that will be further discussed in Chapter VI. NROTC Scholarship Program and Advanced Standing students must take eight semesters of Naval Science courses and specific university courses which substitute for Naval Science courses, along with their required degree course work. Naval Science and specific university courses may satisfy degree plan electives; however, Scholarship Program students are required to consult their specific college advisors for guidance. Scholastic requirements for all programs are discussed later in this chapter. Upon completion of required Naval Science and bachelor's degree requirements, Navy option scholarship Midshipmen receive regular commission as Ensigns. Marine Option Midshipmen are commissioned as Second Lieutenants in the Marine Corps Reserve.

f. Sideload Scholarships. NSTC controlled scholarship boards meet in the summer to award Three and Two-year Navy Scholarships and Advanced Standing contracts. Marine Corps Recruiting Command (MCRC) Sideload Boards meet in the fall and spring to award Three and Two-year Marine Option Sideload Scholarships. There is no Advanced Standing Program for Marines. Interested applicants should apply for the College Program Basic each semester to apply for the next sideload opportunity (first semester freshmen are not allowed to apply to the College Program until they have a semester of college to assess). Sideload Scholarship applicants must:

(1) Navy Option:

(a) Be a U.S. citizen, a naturalized citizen or in process of obtaining their U.S. citizenship.

(b) Not less than 17 years old by 1 September of academic year the Scholarship is effective and not have reached 24th birthday (3-year nominee) or 25th birthday (2-year or Advanced Standing nominee) or 26th birthday (1-year nominee) on 31 December of that year.

(c) Must not have reached 27th birthday by 31 December of year in which graduation and commissioning are anticipated.

(d) Applicants with prior military service may be eligible for age adjustments for amount of time equal to their prior service, on month-by-month basis, for maximum of 36 months, if they will not reach their 30th birthday by 31 December of year in which graduation and commissioning are anticipated.

(e) No moral obligations or personal convictions that prevent conscientious bearing of arms and supporting and defending the Constitution of the United States against all enemies, foreign or domestic or to taking an oath to perform such acts.

(f) College Program (CP) MIDN must have achieved a Good-Low (60) on the most recent PFA or a 235 on the Marine PFT/CFT. Non-affiliated students must have scored at least a 60 on the Applicant Fitness Assessment.

(g) Must not have any body piercing or tattoos that violate Navy policy.

(h) Active-duty Navy applicants are ineligible to apply for the NROTC Program. Active members of other branches of the military may apply if granted a conditional release.

(i) Must be within one, two, or three years of estimated graduation/commissioning date.

(j) Must have at least 30 semester hours (45 quarter hours) but no more than 120 semester hours (180 quarter hours). College credits include those already earned and those currently enrolled in and anticipated to be earned during the spring term. Only those college credits that are accepted by the university/college, that the nominee has been admitted to and from which they are being nominated, should be used to determine eligibility.

(k) Must have a minimum college GPA of 2.5 (on a 4.0 scale).

(l) A 2-year nominee that does not meet the minimum GPA or PFA/PFT/CFT/AFA criteria, may be nominated for

Provisional Advanced Standing only if the Professor of Naval Science (PNS) positively recommends them.

(2) Marine Option:

(a) 1000 SAT or 22 ACT Composite, or 74 AFQT

(b) Within height/weight/body fat standard per Marine Corps Order (MCO)

(c) 2.5 cumulative GPA

(d) Minimum of 1st Class PFT

(e) Not currently on Probation or Leave of Absence (LOA)

All midshipmen must be enrolled in the Corps of Cadets. Navy Option Three-year applicants should be enrolled in calculus and on track to meet calculus timeline requirements. Two-year applicants should be enrolled in physics and on track to meet physics timeline requirements. Two-year applicants who are not on track to meet physics timeline requirements will normally only be recommended for Advanced Standing by the PNS.

303. College Program

a. Description. College Program students are students enrolled in the NROTC Program that are not on a Navy or Marine Corps Scholarship. College Program Basic students are Naval Science students that apply as a Navy or Marine Option through the NROTC Unit staff each semester and are selected into the program. These students then apply for a Sideload Scholarship, or for the College Program Advanced Standing. Freshmen are normally not permitted to apply for the College Program during the fall semester as they do not have a semester of college academics to judge their likelihood of academic success. This program affords the opportunity for students to receive a commission in the Navy or Marine Corps pending selection for Advanced Standing status. Students must meet the following requirements to be enrolled as College Program students:

(1) Motivated to serve as a commissioned officer in the Naval Service as determined by the Naval ROTC Staff.

(2) Meet all physical requirements for commissioned service, to include height and weight standards, and the passing

of a physical fitness assessment administered by the Naval ROTC Staff. This is normally conducted during the inventory PRT/PFT at the beginning of each semester. A sports physical and sickle cell test is required prior to participating in the inventory PRT/PFT.

(3) Meet NSTC academic prerequisites by maintaining a minimum GPA of 2.5 while taking a minimum of 12 hours, excluding Naval Science credits.

(4) Possess the aptitude for commissioned service in the Naval Services as determined by the NROTC Staff and NSTC regulations.

(5) Submit a completed application, and be selected and admitted into the program by the CO.

Once enrolled as a College Program Basic student, the midshipman must apply for a scholarship or Advanced Standing status.

b. Program Requirements. Navy and Marine Corps College Program students are required to take the same Naval Science and university specific courses as scholarship students except for calculus and physics courses and laboratories for Navy Option. Scholastic requirements are further discussed later in this chapter. College Program Basic students will attend NSI their first summer after being selected for the program. Advanced Standing designation begins the junior academic year.

c. Scholarship Eligibility. College Program Basic students may apply for the scholarship program. If selected through the annual competitive cycle, students will receive financial assistance and benefits for the remainder of their four academic years of education. Upon receipt of a Navy or Marine Corps Scholarship, College Program students are required to meet all scholarship program requirements as detailed in this chapter. Military advisors will provide details to students. Students must become medically qualified via DODMERB and complete NSI prior to scholarship activation.

d. Uniform Commutation Benefits. NROTC Scholarship students not on LOA in the Corps of Cadets receive an annual uniform commutation allowance in the spring semester to pay for the cost of the Corps of Cadet uniform. Basic College Program students will receive a uniform commutation after completing one semester in the program. For cadets applying for College Program Basic membership in the spring semester (freshmen cannot

apply in the fall semester), the spring semester shall qualify as the initial probationary period of enrollment, and they will be eligible for uniform commutation payment the following year. If selected for Advanced Standing, College Program students will receive an allowance for their remaining years in the Corps of Cadets.

304. Naval Science Student. Naval Science students are those students enrolled in Naval Science class but are not enrolled in Naval ROTC in either the College or Scholarship Program and are not sworn into the Navy or Marine Corps Reserve as midshipmen. These students are normally freshmen or first semester sophomores (largely from the Regiment) who are completing their Corps of Cadets requirement to take an ROTC class their first three semesters in the Corps. As described in NSTC regulations, any student enrolled at Texas A&M University may take Naval Science courses if they possess the prerequisites and if the unit has the capacity to provide instruction. At the end of each semester, Naval Science students will be canvassed to determine their interest in pursuing either NROTC Scholarships or College Program status (see section 202).

305. Physical Training. Physical training is critical for all midshipmen. The Navy and the Marine Corps emphasize superb physical conditioning. An officer must be able to maintain composure and make sound, timely decisions under extremely adverse conditions. With this in mind, the physical preparation of midshipmen is both rigorous and continuous, with the goal of honing the physical and mental capabilities of prospective officers. NROTC Physical Training (PT) will occur twice per week and is midshipman led by appropriate billets within the Midshipman Battalion, supervised by NROTC Unit Staff. This PT will normally occur in three groups, with all Marines in Mike Company, and Navy Options in November Department split in half, with three Divisions each conducting separate training.

306. Summer Training Requirements. All Navy and Marine Option Scholarship and Advanced Standing College Program students are required to complete summer training exercises during their academic careers. However, the requirements differ in nature and are discussed in detail in Chapter VI. Summer training requirements are a priority over all other military and non-military activities with very few exceptions (see section 603).

307. Midshipman Rank. Within the Navy rank structure, Midshipmen rank between Master Chief Petty Officers and Chief Warrant Officers. They are required to carry out the lawful

orders of all commissioned officers and senior enlisted staff, and all midshipmen senior in rank. NROTC Midshipmen are subject to the Uniform Code of Military Justice (UCMJ) when on active duty (summer training). The Midshipman Handbook provides basic guidance for midshipman conduct and performance when not subject to the UCMJ.

308. Urinalysis. Officers and prospective officers who use illegal drugs have no potential for further service and will normally be separated.

(a) Drug use will not be tolerated. Any drug incident or use by a midshipman is cause for dismissal from the NROTC Program.

(b) Any use or possession of an illegal or non-prescribed prescription drug by a midshipman on board any ship, aircraft, station, or campus will normally result in disenrollment.

(c) Every midshipman, regardless of Scholarship Program or College Program status, shall be tested upon admission and randomly on one or more occasions during each academic year and likely while on Summer Training Cruise.

(d) Midshipmen will arrive at the unit on the designated day of testing during the hours given by the Urinalysis Program Coordinator (UPC). Failure to show will result in disciplinary action and the student will be placed on the following testing date until a sample is given. Observers may be active-duty staff, civilians, or trusted and trained First-Class (1/C) Midshipmen.

309. Study Abroad. Midshipmen considering Study Abroad programs are responsible for initiating the process with their Military Advisor and the Study/Education Abroad Office as early as possible. This process requires up to two and three months to obtain proper approval. Upon approval by NSTC of the final amount to be paid by the NROTC Scholarship Program, Student Business Service will bill the NROTC Unit and that cost will be placed on your education cost sheet for your signature of payment by your HRA the following semester. Timely communication of a midshipman's intent to Study Abroad ensures that they receive their financial benefits from the Navy and the University in a timely manner. Failure to communicate in a timely fashion could result in the midshipmen paying for the entire Study Abroad event. If approved, the benefits and fees not paid for align with Chapter III NROTC Programs, section 302.

Chapter IV

ENTITLEMENTS AND ADMINISTRATION

401. Subsistence Allowance

a. All Scholarship and Advanced Standing College Program Midshipmen are entitled to a monthly subsistence allowance. This pay increases in amount with midshipman rank (4/C to 3/C, and so on), which occurs annually on 1 July. The entitlement begins on the first day of the fall academic term and ends on the last day of final exams of the spring term. Pay continues through all semester breaks, i.e., Thanksgiving, Spring Break, etc.

b. Exceptions

(1) Graduating seniors' subsistence allowance terminates the day of commissioning unless receipt of 20 months of advanced entitlement has previously terminated entitlements.

(2) Students will be paid the subsistence allowance for the Summer months between the junior and senior year, excluding the period for which they are on cruise.

(3) Students placed on LOA are not entitled to receive subsistence allowance. If removed from LOA, retroactive payment is authorized only for Medical LOA or if approved for transition from the Scholarship Program to the Advanced Standing College Program.

(4) Subsistence allowances are continued through period of extended benefits status (see section 503).

c. Payment method. Payment will be made twice monthly by direct deposit to the Midshipman's bank account on file on the 1st and 15th day of the month. Subsistence allowance is not subject to withholding for Federal Income Tax.

402. Books/Equipment for University Courses. NROTC Scholarships provide substantial benefits for the purchase of textbooks and equipment.

a. Funds will be paid to all active scholarship midshipmen. These midshipmen will receive $375 each fall and spring semester. Funds are paid via electronic funds transfer on the 45th day of each semester. These funds may be used for

textbooks and other consumables. Expenses in excess of $375 must be borne by the midshipman. These books and materials become the property of the midshipman. Midshipmen on Medical Leave of Absence (LOA) will receive funds upon their removal from Medical LOA status.

b. Special Cases. Midshipmen whose scholarships are not activated on the first day of the semester must purchase books/equipment at their own expense, and will be paid $375 upon activation of his or her scholarship. The unit's Supply Technician will coordinate the reimbursement. Midshipmen on LOA will not receive these funds.

403. Books/Equipment for Naval Science Classes. Required textbooks and some supplies will be issued by the NROTC Unit. These books/equipment are the property of the U.S. Government, and must be returned at the end of the semester. The cost of lost or damaged books is the responsibility of the midshipman, and must be paid via money order or cashier's check to the U.S. Treasury. Midshipmen failing to return or pay for lost or damaged government text books/equipment will have a block placed on their university file preventing registration or access to transcripts.

404. Training Pay (Cruise Pay)

a. Pay Grade. A midshipman attending summer training is entitled to pay at the rate of 50% of the basic pay prescribed for a commissioned officer in the pay grade of 0-1 with less than two years of service. Pay status begins the day of arrival at the training site or on the ordered arrival date and ends the day the midshipman is released from training.

b. Travel Pay. Detailed travel instructions for Summer training will be issued each year by NSTC. Midshipmen are entitled to travel and transportation allowances. Payment method is normally 80% of the allowance before travel and 20% at the completion of the training. Midshipmen must retain receipts in order to file for reimbursement.

c. Federal Income Tax. Training pay is subject to withholding for Federal Income Tax.

405. Extended Entitlements

a. Academic Benefits. If a midshipman qualifies, they may request Extended Entitlements, to include tuition, books,

and those fees normally covered while in scholarship status. To qualify for Extended Entitlements, midshipmen must be in a major that qualifies for Extended Entitlements (see military advisor), and be in good standing. Some academic majors do not qualify for Extended Entitlements, while others qualify for one semester of Extended Entitlements beyond the number of semesters within the assigned scholarship (4, 3, 2, or 1-Year scholarships). A small number of majors may qualify for two semesters of Extended Entitlements. Some majors may be approved by the CO for Extended Entitlements, while other majors may require NSTC approval (this board only happens once per year in November). Midshipmen are encouraged to request Extended Entitlements through their advisor no later than the start of fall semester classes of their junior year. A graduation date change should also be requested.

b. Subsistence. Normal subsistence allowance will continue for length of Extended Entitlement status.

c. Additional Service Requirements. For every semester of Extended Entitlement status, midshipmen can expect their obligated time of service to be increased by six months. Midshipmen considering a request for Extended Entitlement status should consult with their military advisor during the second semester of their sophomore year. **See your advisor early in the semester.**

406. Dual Benefits

a. The Veterans Education Training Amendments Act of 1970 (Public Law 91-219) removed the statutory limitations against dual payments for educational assistance to Veterans. Midshipmen, MECEP students, and Officer Candidates, if otherwise eligible, may be able to receive additional assistance from the VA in addition to benefits from the Navy.

b. Patriot Scholarship. Through the Patriot Scholarship, Texas A&M University covers 100% of required room and board for all four years of Corps of Cadets membership. This includes the basic meal plan. The Patriot Scholarship is automatically granted to all contracted NROTC Scholarship students in good standing with the NROTC Program at either Texas A&M University at College Station, or Texas A&M University at Galveston (Texas Maritime Academy) who are receiving ROTC tuition and fees benefits. Consequently College Program Basic and Advanced Standing Midshipmen and Naval Science students are not eligible for this scholarship. NROTC Scholarship Midshipmen receiving a

Patriot Scholarship are encouraged to elect the NROTC Tuition and Fees option, and not the Room and Board option. Questions may be directed to the Office of the Commandant, Corps Scholarships Office.

c. Texas Armed Services Scholarship (TASSP). TASSP has been created to assist promising students from the State of Texas who are committed to education and service. It encourages young leaders to participate in the Texas Army National Guard, the Texas Air National Guard, the Texas State Guard, the United States Coast Guard, the United States Merchant Marine, or to become commissioned officers in any branch of the armed services of the United States. Annually, the governor and the lieutenant governor may each appoint two students, and each state senator and each state representative may appoint one student to receive a conditional TASSP Award. Scholarship award amounts will be determined by the Texas Higher Education Coordinating Board in mid-September of each academic year. The amount of this scholarship may not exceed the difference between the cost of attendance and other forms of student assistance for which the student may be eligible. The amount of the scholarship will be the lesser of $30,000, or an amount not to exceed the student's cost of attendance less the total amount a student will earn for that academic year for being under contract with one of the branches of the armed services of the United States and any other financial assistance. Naval Science students (scholarship or college program midshipmen as well as cadets merely enrolled in a NVSC class) may be considered to be in "good standing" for the purposes of this scholarship, and NVSC Instructors may validate enrollment in a NVSC class on TASSP forms at the request of cadets enrolled in their NVSC class. More information can be found at https://aggie.tamu.edu/paying-for-college/apply-for-scholarships/texas-armed-services-scholarship.html.

d. Hazelewood Act Benefits. The Hazlewood Act is a State of Texas benefit that provides qualified Veterans, spouses, and dependent children with an education benefit of up to 150 hours of tuition exemption, including most fee charges, at public institutions of higher education in Texas. This does NOT include living expenses, books, or supply fees. More information can be found here https://tvc.texas.gov/education/hazlewood/. As midshipmen receive tuition from the NROTC scholarship (unless they have selected the room and board option, or they have exhausted their scholarship benefits) and normally receive room and board via the Patriot Scholarship, midshipmen that have Hazlewood Act benefits from their parents are encouraged to

return those benefits to their parent for other family use, unless they no longer have NROTC and/or Patriot scholarship benefits.

407. Physicals

a. Requirements. All scholarship midshipmen must pass DoDMERB approved physicals before activation of the scholarship. All College Program Advanced Standing students must pass the same physical before official enrollment.

b. Physical Exams. Physical exams are administered by the Department of Defense Medical Evaluation Review Board (DoDMERB) and are conducted at various military and civilian health care facilities. Midshipmen desiring entry into Naval Aviation will have a flight physical administered at Navy Medicine Readiness and Training Command (NMRTC), Corpus Christi, Texas, a minimum of twelve months prior to commissioning. Midshipmen desiring entry into the Navy Nuclear Power or Dive Programs will have a Undersea Medical Officer (UMO) physical exam at Navy Medicine Readiness and Training Command (NMRTC) San Antonio, Texas, a minimum of twelve months prior to commissioning. Physical exams at other authorized military treatment facilities may be conducted. A physical usually requires 2-3 days of travel to complete and appointments are only made by the NROTC Unit Medical representative.

408. Security Clearances. A National Agency Check (NAC) will be conducted by the Office of Personnel Management (OPM). These security clearances are granted only for specific activities that may involve exposure to classified material, i.e. Summer training. All students must complete fingerprints and a Questionnaire for National Security Positions (SF86) before the request can be initiated. An OPM Investigation, requiring about five months, must be completed before the NROTC Unit can issue a SECRET clearance.

409. Armed Forces Identification Card. All Scholarship and Advanced Standing College Program Midshipmen must possess an Armed Forces Identification Card. Midshipmen who are military dependents may continue using their dependent ID Cards (DD Form 1173).

410. Release of Student Information. The Family Educational Rights and Privacy Act of 1974 (FERPA) requires written authorization from students before any information concerning their performance at school or within the NROTC Unit can be

released to any person or organization, other than certain Department of the Navy agencies. To convey your request and qualifications for specific active duty assignments, certain information must be submitted to assignment officers. Without that information, they cannot act properly upon your initial duty assignment. The Navy, Marine Corps, and various agencies within the Naval Service, or affiliated with the Naval Service, present awards based on scholarship or leadership to deserving midshipmen on an annual basis. Without the release of certain information, no application for award can be made. Furthermore, The PNS grants scholarships based on authorization from NSTC. Without academic aptitude information, eligibility for scholarships cannot be established.

411. Opportunities for Experience. Occasionally the unit receives opportunities for midshipmen to gain more experience through specialized programs that are offered by the Navy or Marine Corps. An example of this is submarine service assigned midshipmen going to Dive School in place of their 1/C Cruise or after commissioning but before Nuclear Power School. There are numerous examples of these opportunities and are typically advertised to the battalion through the Battalion Teams page and Battalion Canvas page. These opportunities are extrememly competitive but offer a very rewarding experience if selected. Midshipmen must pay attention to service obligation requirements for these opportunities because they can result in an obligation for a Department Head tour (the tour that follows the initial Junior Officer tour and shore tour).

a. Additional examples of these opportunities are below (the list is not all inclusive):

(1) Naval Postgraduate School for Submarine Service Assigned Midshipmen.

(2) MIT Graduate School Degree Programs

(3) Nuclear Fleet Familiarization Trips

(4) Submarine Hybrid Internship Program

412. Professional Reading. The Chief of Naval Operations (CNO) and Commandant of the Marine Corps (CMC) have developed a Professional Reading List and Professional Reading Program for the Navy and Marine Corps, respectively. The are updated periodically and are recommended for all midshipmen and active duty servicemembers alike. Both lists can be found at the U.S.

Naval Institute website at https://www.usni.org/press/military-reading-lists. Additionally, copies of all of these books and other can be found at https://www.dodmwrlibraries.org/ for free for all midshipmen and active duty servicemembers and dependents with a Common Access Card (CAC) and DOD Identification number. Provide your DOD ID # and birthdate to login, and you will have access to a large library of books for free, and can download them to your smart device via the Libby app.

Chapter V

PHYSICAL READINESS

501. Midshipman Physical Conditioning. The Navy and Marine Corps strongly emphasize physical fitness for health and performance. It is an essential component of the NROTC Program to prepare physically, as well as mentally, the midshipmen for commissioning and subsequent duties. NROTC will conduct PT twice per week during the academic year. Midshipmen Battalion PT Officers will develop training plans for approval by Staff Command Fitness Leaders one week prior. These PT sessions will be midshipman led with Staff Safety Observers present. The following events will be used to evaluate the midshipman's level of physical fitness and are outlined in sections 604 and 605:

(1) Navy Physical Fitness Assessment (PFA)
(2) Marine Corps Physical Fitness Test (PFT)
(3) Marine Combat Fitness Test (CFT)
(4) Swim Qualification

Midshipmen will not be permitted to participate in NROTC physical fitness events without first complying with a satisfactory medical screening and sickle cell test. Additional physical training will be required of those students who do not maintain proper weight control through the Fitness Enhancement Program (FEP).

502. Physical Qualification Requirements

a. Annual Certificate of Physical Condition. At the beginning of each academic year, midshipmen must complete a Certificate of Physical Condition (NAVMED Form 6120/3), which ensures that a medical condition has not appeared within the last year that would make the student ineligible to participate. This form extends the initial medical qualification for service from DODMERB. The form is supplied through the midshipman's class military advisor or Human Resources Assistant (HRA). Midshipmen who have a change in their medical status, either from injury or upon discovery of a underlying medical condition, will be be required to submit documentation in response to a BUMED Notification (aka 30-day letter) within 30 days.

b. Risk Factors Screening. In order to participate in the PFA midshimen must be physically qualified and complete a risk factors screening. This will be provided through the midshipman's class military advisor or Command Fitness Leader

(CFL) and is completed once per semester. In order to participate in the PFT, midshipmen must be physically qualified.

503. Height-Weight Control. Midshipmen will be required to adhere to the standards for height/weight that are required for their service (Navy or Marine Corps). Measurements will be taken twice per semester in conjunction with the inventory and official PFA/PFT. These requirements are separate and distinct from any Corps height/weight or Corps PFT requirements.

504. Swimming

a. Third Class. All Naval ROTC students are required to pass the Navy Third Class Swimming test. The test is normally administered at NSI. Midshipmen who are waived from NSI may test with the unit. A student may not enter their sophomore year without passing the Third Class swim test. A 3rd Class Swimmer is described as a person who can stay afloat and survive without the use of a Personal Floatation Device (PFD) in open water long enough to be rescued in a man-over-board situation. The 3rd Class Swimmer qualification is the minimum entry-level requirement for all US Navy personnel. The test consists of the following:

Module 1:

(1) Deep water jump. (Entering the water in utilities from a height of 5 feet or more, with legs crossed and arms folded over the chest.)

(2) 50 yard swim - any stroke.

(3) 5 minutes prone float (in utilities).

Module 2:

(1) Blouse and trouser inflation.

b. Second Class. Midshipmen who pass the 3rd Class Swim test can attempt the 2nd Class Swim test. All Midshipmen are required to test each semester until achieving 2nd Class - all midshipmen shall qualify 2nd Class. A 2nd Class Swimmer is described as a person who can stay afloat and survive without the use of a PFD indefinitely. The 2nd Class Swimmer qualification is used as an entry level requirment for Naval Aviators or Flight Officers. The test consists of the following:

(1) Deep water jump

(2) 100 yard swim using the following strokes:

(a) Crawlstroke
(b) Breaststroke
(c) Sidestroke
(d) Elementary Backstroke

(3) 5 minute prone and back float

All portions of the test will be demonstrated before taking the test.

505. Physical Fitness Assessment/Test

a. Navy Physical Fitness Assessment (PFA). All midshipmen are expected to complete and pass the PFA. The test is taken twice per semester, an inventory PFA at the beginning of each semester, and an official PFA towards the end of each semester. The Navy PFA consists of a Body Composition Assessment (BCA) and a Physical Readiness Test (PRT) which consists of three events: push-ups, plank (core) and 1.5 mile run. A score of "Good Low" in all 3 modalities and overall is required to pass. Midshipmen are required to run first, however if they fail the run they may be allowed to complete an alternate cardio option at CO discretion by completing a full additional PRT with alternate cardio in lieu of the run. "Bad Day" PRT requests by midshipmen will normally not be approved.

b. Marine Corps Physical Fitness Test (PFT). The Marine Corps PFT consists of three events: pull-ups/push-ups, abdominal plank, and a 3-mile run. (Though push-ups are accepted as part of an NROTC PFT, they are not an authorized exercise performed at OCS).

c. Marine Corps Combat Fitness Test (CFT). Marine Options are required to take the Combat Fitness Test (CFT). It is run in addition to the PFT and includes a Movement to Contact (MTC), Ammunition Lift (AL), and a Maneuver Under Fire (MANUF). To successfully pass the CFT, Marine Options must complete the minimum acceptable performance requirements in each event and achieve an overall combined score of 235 for their age group. The minimum performance (point) in each event alone will not total the points required for a required score. Failure to meet the minimum requirements, in any event, constitutes a failure of the entire test, regardless of the total number of points earned for all three events.

d. Passing Score Requirements. Tables 1 thru 6 display the performance category and levels attainable for the PFA and

the PFT. Marine Corps Option Midshipmen and MECEPs must achieve a 235 prior to commissioning. If a midshipman fails an Inventory PRT or PFT, they will be placed on Physical Readiness (PR) Warning or Probation and FEP for the semester. A failure of any official PRT or PFT will result in PR Probation and FEP for the following semester. Any subsequent official failure will result in a PRB which could result in LOA or Disenrollment. Midshipmen achieving a score of 285 or higher on the PFT or an Outstanding-High on the PFA will receive a Certificate of Outstanding Physical Performance from the unit.

Table 1: Navy PFA Performance Table

Performance		Points	Males: Age 20 - 24 years					
Category	Level		Push- ups	Forearm Planks	1.5 - mile run	2-km row	500 - yd swim	450 - m swim
Outstanding	High	100	87	3:20	8:30	7:05	6:30	6:20
Outstanding	Medium	95	86	3:15	9:00	7:15	7:00	6:50
Outstanding	**Low**	**90**	**81**	**3:10**	**9:15**	**7:25**	**7:30**	**7:20**
Excellent	High	85	77	3:00	9:45	7:35	8:00	7:50
Excellent	Medium	80	74	2:50	10:00	7:45	8:15	8:05
Excellent	**Low**	**75**	**71**	**2:40**	**10:30**	**7:55**	**8:45**	**8:35**
Good	High	70	64	2:20	10:45	8:15	9:30	9:20
Good	Medium	65	55	2:00	11:30	8:35	10:30	10:20
Good	**Low**	**60**	**47**	**1:40**	**12:00**	**8:55**	**11:30**	**11:20**
Satisfactory	High	55	45	1:30	12:45	9:05	12:00	11:50
Satisfactory	Medium	50	42	1:20	13:15	9:15	12:15	12:05
Probationary		**45**	**37**	**1:10**	**13:30**	**9:25**	**13:00**	**12:50**

Performance		Points	Females: Age 20 - 24 years					
Category	Level		Push- ups	Forearm Planks	1.5 - mile run	2-km row	500 - yd swim	450 - m swim
Outstanding	High	100	48	3:10	9:47	8:05	7:15	7:05
Outstanding	Medium	95	47	3:05	11:15	8:15	8:00	7:50
Outstanding	**Low**	**90**	**44**	**3:00**	**11:30**	**8:25**	**8:45**	**8:35**
Excellent	High	85	43	2:50	12:15	8:35	9:15	9:05
Excellent	Medium	80	40	2:40	12:45	8:45	9:45	9:35
Excellent	**Low**	**75**	**39**	**2:30**	**13:15**	**8:55**	**10:00**	**9:50**
Good	High	70	33	2:10	13:30	9:15	11:00	10:50
Good	Medium	65	28	1:50	13:45	9:45	12:15	12:05
Good	**Low**	**60**	**21**	**1:30**	**14:15**	**10:15**	**13:15**	**13:05**
Satisfactory	High	55	20	1:20	15:00	10:25	13:45	13:35
Satisfactory	Medium	50	17	1:10	15:15	10:35	14:00	13:50
Probationary		**45**	**16**	**1:00**	**15:30**	**10:45**	**14:30**	**14:20**

Table 1: Navy PFA Performance Table (cont'd)

Performance		Points	Males: Age 25 - 29 years					
Category	Level		Push-ups	Forearm Planks	1.5-mile run	2-km row	500-yd swim	450-m swim
Outstanding	High	100	84	3:16	8:55	7:10	6:38	6:28
Outstanding	Medium	95	82	3:11	9:23	7:20	7:08	6:58
Outstanding	**Low**	**90**	**77**	**3:06**	**9:38**	**7:30**	**7:38**	**7:28**
Excellent	High	85	73	2:56	10:15	7:40	8:08	7:58
Excellent	Medium	80	69	2:47	10:30	7:50	8:23	8:13
Excellent	**Low**	**75**	**67**	**2:37**	**10:52**	**8:00**	**8:53**	**8:43**
Good	High	70	60	2:17	11:23	8:20	9:38	9:28
Good	Medium	65	51	1:58	12:15	8:40	10:38	10:28
Good	**Low**	**60**	**44**	**1:38**	**12:53**	**9:00**	**11:38**	**11:28**
Satisfactory	High	55	41	1:28	13:23	9:10	12:08	11:58
Satisfactory	Medium	50	38	1:18	13:45	9:20	12:23	12:13
Probationary		**45**	**34**	**1:09**	**14:00**	**9:30**	**13:08**	**12:58**

Performance		Points	Females: Age 25 - 29 years					
Category	Level		Push-ups	Forearm Planks	1.5-mile run	2-km row	500-yd swim	450-m swim
Outstanding	High	100	46	3:06	10:17	8:10	7:23	7:13
Outstanding	Medium	95	45	3:01	11:30	8:20	8:15	7:58
Outstanding	**Low**	**90**	**43**	**2:56**	**11:45**	**8:30**	**9:00**	**8:50**
Excellent	High	85	41	2:47	12:30	8:40	9:30	9:20
Excellent	Medium	80	39	2:37	13:00	8:50	10:00	9:50
Excellent	**Low**	**75**	**37**	**2:27**	**13:23**	**9:00**	**10:15**	**10:05**
Good	High	70	30	2:07	14:00	9:20	11:15	11:05
Good	Medium	65	26	1:48	14:30	9:50	12:30	12:20
Good	**Low**	**60**	**19**	**1:28**	**14:53**	**10:20**	**13:30**	**13:20**
Satisfactory	High	55	18	1:18	15:23	10:30	13:53	13:43
Satisfactory	Medium	50	15	1:09	15:45	10:40	14:15	14:05
Probationary		**45**	**13**	**0:59**	**16:08**	**10:50**	**14:45**	**14:35**

Table 2: Marine PFT Point System

	Male Pullups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	20	23	23	23	21	20	19	18
Min	4	5	5	5	5	5	4	3
Max	100	100	100	100	100	100	100	100
Min Pts	40	40	40	40	40	40	40	40

	Male Pull-ups							
Reps	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
23		100	100	100				
22		97	97	97				
21		93	93	93	100			
20	100	90	90	90	96	100		
19	96	87	87	87	93	96	100	
18	93	83	83	83	89	92	96	100
17	89	80	80	80	85	88	92	96
16	85	77	77	77	81	84	88	92
15	81	73	73	73	78	80	84	88
14	78	70	70	70	74	76	80	84
13	74	67	67	67	70	72	76	80
12	70	63	63	63	66	68	72	76
11	66	60	60	60	63	64	68	72
10	63	57	57	57	59	60	64	68
9	59	53	53	53	55	56	60	64
8	55	50	50	50	51	52	56	60
7	51	47	47	47	48	48	52	56
6	48	43	43	43	44	44	48	52
5	44	40	40	40	40	40	44	48
4	40						40	44
3								40

	Female Pullups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	7	11	12	11	10	8	6	4
Min	1	3	4	3	3	2	2	2
Max	100	100	100	100	100	100	100	100
Min Pts	60	60	60	60	60	60	60	60

	Female Pull-ups							
Reps	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
12			100					
11		100	95	100				
10		95	90	95	100			
9		90	85	90	94			
8		85	80	85	89	100		
7	100	80	75	80	83	93		
6	93	75	70	75	77	87	100	
5	87	70	65	70	71	80	90	
4	80	65	60	65	66	73	80	100
3	73	60		60	60	67	70	80
2	67					60	60	60
1	60							

	Male Push-Ups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	82	87	84	80	76	72	68	64
Min	42	40	39	36	34	30	25	20
Min Pts	40	40	40	40	40	40	40	40
Max Pts	70	70	70	70	70	70	70	70

	Male Push-Ups							
Reps	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
87		70						
86		69						
85		69						
84		68	70					
83		67	69					
82	70	67	69					
81	69	66	68					
80	69	66	67	70				
79	68	65	67	69				
78	67	64	66	69				
77	66	64	65	68				
76	66	63	65	67	70			
75	65	62	64	67	69			
74	64	62	63	66	69			
73	63	61	63	65	68			
72	63	60	62	65	67	70		
71	62	60	61	64	66	69		
70	61	59	61	63	66	69		
69	60	59	60	63	65	68		
68	60	58	59	62	64	67	70	
67	59	57	59	61	64	66	69	

	Female Push-Ups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	42	48	50	46	43	41	40	38
Min	19	18	18	16	14	12	11	10
Min Pts	40	40	40	40	40	40	40	40
Max Pts	70	70	70	70	70	70	70	70

	Female Push-Ups							
Reps	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
50			70					
49			69					
48		70	68					
47		69	67					
46		68	66	70				
45		67	65	69				
44		66	64	68				
43		65	63	67	70			
42	70	64	63	66	69			
41	69	63	62	65	68	70		
40	67	62	61	64	67	69	70	
39	66	61	60	63	66	68	69	
38	65	60	59	62	65	67	68	70
37	63	59	58	61	64	66	67	69
36	62	58	57	60	63	65	66	68
35	61	57	56	59	62	64	65	67
34	60	56	55	58	61	63	64	66
33	58	55	54	57	60	62	63	65
32	57	54	53	56	59	61	62	64
31	56	53	52	55	58	60	61	63
30	54	52	51	54	57	59	60	61

	Male Push-Ups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	82	87	84	80	76	72	68	64
Min	42	40	39	36	34	30	25	20
Min Pts	40	40	40	40	40	40	40	40
Max Pts	70	70	70	70	70	70	70	70
66	58	57	58	60	63	66	69	
65	57	56	57	60	62	65	68	
64	57	55	57	59	61	64	67	70
63	56	55	56	58	61	64	67	69
62	55	54	55	58	60	63	66	69
61	54	53	55	57	59	62	65	68
60	54	53	54	56	59	61	64	67
59	53	52	53	56	58	61	64	67
58	52	51	53	55	57	60	63	66
57	51	51	52	54	56	59	62	65
56	51	50	51	53	56	59	62	65
55	50	50	51	53	55	58	61	64
54	49	49	50	52	54	57	60	63
53	48	48	49	52	54	56	60	63
52	48	48	49	51	53	56	59	62
51	47	47	48	50	52	55	58	61
50	46	46	47	50	51	54	57	60
49	45	46	47	49	51	54	57	60
48	45	45	46	48	50	53	56	59
47	44	44	45	48	49	52	55	58
46	43	44	45	47	49	51	55	58
45	42	43	44	46	48	51	54	57
44	42	43	43	45	47	50	53	56
43	41	42	43	45	46	49	53	56
42	40	41	42	44	46	49	52	55
41		41	41	43	45	48	51	54
40		40	41	43	44	47	50	54
39			40	42	44	46	50	53
38				41	43	46	49	52
37				41	42	45	48	52
36				40	41	44	48	51
35					41	44	47	50
34					40	43	46	50
33						42	46	49
32						41	45	48
31						41	44	48
30						40	43	47
29							43	46
28							42	45
27							41	45
26							41	44
25							40	43
24								43
23								42
22								42
21								41
20								40

	Female Push-Ups							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	62	58	50	46	43	41	40	38
Min	19	18	18	16	14	12	11	10
Min Pts	40	40	40	40	40	40	40	40
Max Pts	70	70	70	70	70	70	70	70
29	53	51	50	53	56	58	59	60
28	52	50	49	52	54	57	58	59
27	50	49	48	51	53	56	57	58
26	49	48	48	50	52	54	56	57
25	48	47	47	49	51	53	54	56
24	47	46	46	48	50	52	53	55
23	45	45	45	47	49	51	52	54
22	44	44	44	46	48	50	51	53
21	43	43	43	45	47	49	50	52
20	42	42	42	44	46	48	49	51
19	40	41	41	43	45	47	48	50
18		40	40	42	44	46	47	49
17				41	43	45	46	48
16				40	42	44	45	46
15					41	43	44	45
14					40	42	43	44
13						41	42	43
12						40	41	42
11							40	41
10								40

Table 2-4.--Plank Scoring Tables.

Time	Score
3:45	100
3:43	99
3:40	98
3:38	97
3:35	96
3:33	95
3:30	94
3:27	93
3:25	92
3:22	91
3:20	90
3:17	89
3:14	88
3:12	87
3:09	86
3:07	85
3:04	84
3:02	83
2:59	82
2:56	81
2:54	80
2:51	79
2:49	78
2:46	77
2:43	76
2:41	75
2:38	74
2:36	73
2:33	72
2:31	71
2:28	70

Time	Score
2:25	69
2:23	68
2:20	67
2:18	66
2:15	65
2:12	64
2:10	63
2:07	62
2:05	61
2:02	60
2:00	59
1:57	58
1:54	57
1:52	56
1:49	55
1:47	54
1:44	53
1:41	52
1:39	51
1:36	50
1:34	49
1:31	48
1:29	47
1:26	46
1:23	45
1:21	44
1:18	43
1:16	42
1:13	41
1:10	40

	Male 3 Mile Run							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	18:00	18:00	18:00	18:00	18:00	18:30	19:00	19:30
Min	27:40	27:40	28:00	28:20	28:40	29:20	30:00	33:00
Min Pts	40	40	40	40	40	40	40	40

	Male 3 Mile Run							
Time	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
18:00	100	100	100	100	100			
18:10	99	99	99	99	99			
18:20	98	98	98	98	98			
18:30	97	97	97	97	97	100		
18:40	96	96	96	96	96	99		
18:50	95	95	95	95	95	98		
19:00	94	94	94	94	94	97	100	
19:10	93	93	93	93	93	96	99	
19:20	92	92	92	92	93	95	98	
19:30	91	91	91	91	92	94	97	100
19:40	90	90	90	90	91	94	96	99
19:50	89	89	89	89	90	93	95	99
20:00	88	88	88	88	89	92	95	98
20:10	87	87	87	87	88	91	94	97
20:20	86	86	86	86	87	90	93	96
20:30	84	84	85	85	86	89	92	96
20:40	83	83	84	85	85	88	91	95
20:50	82	82	83	84	84	87	90	94
21:00	81	81	82	83	83	86	89	93
21:10	80	80	81	82	82	85	88	93
21:20	79	79	80	81	81	84	87	92
21:30	78	78	79	80	80	83	86	91
21:40	77	77	78	79	79	82	85	90
21:50	76	76	77	78	78	82	85	90
22:00	75	75	76	77	78	81	84	89
22:10	74	74	75	76	77	80	83	88
22:20	73	73	74	75	76	79	82	87
22:30	72	72	73	74	75	78	81	87
22:40	71	71	72	73	74	77	80	86
22:50	70	70	71	72	73	76	79	85
23:00	69	69	70	71	72	75	78	84
23:10	68	68	69	70	71	74	77	84
23:20	67	67	68	69	70	73	76	83
23:30	66	66	67	68	69	72	75	82
23:40	65	65	66	67	68	71	75	81
23:50	64	64	65	66	67	70	74	81
24:00	63	63	64	65	66	70	73	80
24:10	62	62	63	64	65	69	72	79
24:20	61	61	62	63	64	68	71	79
24:30	60	60	61	62	63	67	70	78
24:40	59	59	60	61	63	66	69	77
24:50	58	58	59	60	62	65	68	76
25:00	57	57	58	59	61	64	67	76

	Female 3 Mile Run							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51
Max	21:00	21:00	21:00	21:00	21:00	21:30	22:00	22:
Min	30:50	30:50	31:10	31:30	31:50	32:30	33:30	36:
Min Pts	40	40	40	40	40	40	40	4

	Female 3 Mile Run							
Time	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51
21:00	100	100	100	100	100			
21:10	99	99	99	99	99			
21:20	98	98	98	98	98			
21:30	97	97	97	97	97	100		
21:40	96	96	96	96	96	99		
21:50	95	95	95	95	95	98		
22:00	94	94	94	94	94	97	100	
22:10	93	93	93	93	94	96	99	
22:20	92	92	92	92	93	95	98	
22:30	91	91	91	91	92	95	97	1
22:40	90	90	90	90	91	94	97	9
22:50	89	89	89	90	90	93	96	9
23:00	88	88	88	89	89	92	95	9
23:10	87	87	87	88	88	91	94	9
23:20	86	86	86	87	87	90	93	9
23:30	85	85	85	86	86	89	92	9
23:40	84	84	84	85	85	88	91	9
23:50	83	83	83	84	84	87	90	9
24:00	82	82	82	83	83	86	90	9
24:10	81	81	81	82	82	85	89	9
24:20	80	80	80	81	82	85	88	9
24:30	79	79	79	80	81	84	87	9
24:40	78	78	78	79	80	83	86	9
24:50	77	77	77	78	79	82	85	9
25:00	76	76	76	77	78	81	84	8
25:10	75	75	75	76	77	80	83	8
25:20	74	74	74	75	76	79	83	8
25:30	73	73	73	74	75	78	82	8
25:40	72	72	72	73	74	77	81	8
25:50	71	71	71	72	73	76	80	8
26:00	69	69	70	71	72	75	79	8
26:10	68	68	70	70	71	75	78	8
26:20	67	67	69	70	70	74	77	8
26:30	66	66	68	69	70	73	77	8
26:40	65	65	67	68	69	72	76	8
26:50	64	64	66	67	68	71	75	8
27:00	63	63	65	66	67	70	74	8
27:10	62	62	64	65	66	69	73	7
27:20	61	61	63	64	65	68	72	7
27:30	60	60	62	63	64	67	71	7
27:40	59	59	61	62	63	66	70	7
27:50	58	58	60	61	62	65	70	7
28:00	57	57	59	60	61	65	69	7

	Male 3 Mile Run							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	18:00	18:00	18:00	18:00	18:00	18:30	19:00	19:30
Min	27:40	27:40	28:00	28:20	28:40	29:20	30:00	33:00
Min Pts	40	40	40	40	40	40	40	40
25:10	56	56	57	58	60	63	66	75
25:20	54	54	56	57	59	62	65	74
25:30	53	53	55	56	58	61	65	73
25:40	52	52	54	55	57	60	64	73
25:50	51	51	53	55	56	59	63	72
26:00	50	50	52	54	55	58	62	71
26:10	49	49	51	53	54	58	61	70
26:20	48	48	50	52	53	57	60	70
26:30	47	47	49	51	52	56	59	69
26:40	46	46	48	50	51	55	58	68
26:50	45	45	47	49	50	54	57	67
27:00	44	44	46	48	49	53	56	67
27:10	43	43	45	47	48	52	55	66
27:20	42	42	44	46	48	51	55	65
27:30	41	41	43	45	47	50	54	64
27:40	40	40	42	44	46	49	53	64
27:50			41	43	45	48	52	63
28:00			40	42	44	47	51	62
28:10				41	43	46	50	61
28:20				40	42	46	49	61
28:30					41	45	48	60
28:40					40	44	47	59
28:50						43	46	59
29:00						42	45	58
29:10						41	45	57
29:20						40	44	56
29:30							43	56
29:40							42	55
29:50							41	54
30:00							40	53

	Female 3 Mile Run							
	17-20	21-25	26-30	31-35	36-40	41-45	46-50	51+
Max	21:00	21:00	21:00	21:00	21:00	21:30	22:00	22:30
Min	30:50	30:50	31:10	31:30	31:50	32:30	33:30	36:00
Min Pts	40	40	40	40	40	40	40	40
28:10	56	56	58	59	60	64	68	75
28:20	55	55	57	58	59	63	67	74
28:30	54	54	56	57	58	62	66	73
28:40	53	53	55	56	58	61	65	73
28:50	52	52	54	55	57	60	64	72
29:00	51	51	53	54	56	59	63	71
29:10	50	50	52	53	55	58	63	70
29:20	49	49	51	52	54	57	62	70
29:30	48	48	50	51	53	56	61	69
29:40	47	47	49	50	52	55	60	68
29:50	46	46	48	50	51	55	59	67
30:00	45	45	47	49	50	54	58	67
30:10	44	44	46	48	49	53	57	66
30:20	43	43	45	47	48	52	57	65
30:30	42	42	44	46	47	51	56	64
30:40	41	41	43	45	46	50	55	64
30:50	40	40	42	44	46	49	54	63
31:00			41	43	45	48	53	62
31:10			40	42	44	47	52	61
31:20				41	43	46	51	61
31:30				40	42	45	50	60
31:40					41	45	50	59
31:50					40	44	49	59
32:00						43	48	58
32:10						42	47	57
32:20						41	46	56
32:30						40	45	56
32:40							44	55
32:50							43	54
33:00							43	53

Table 3: Marine Corps PFT Score Classes

Table 2-1.--PFT Classification Scores.

PFT Class	
1st	235 to 300
2nd	200 to 234
3rd	150 to 199

Table 4: Texas A&M NROTC Navy PFA Score Standards

STATUS	MINIMUM SCORE
MIDN 4/C	Good Low
MIDN 3/C	Good-Low
MIDN 2/C	Good-Low
MIDN 1/C	Good-Low
Officer Candidates - 1st yr	Good-Low
Officer Candidates - 2nd yr+	Good-Low

Table 5: Texas A&M NROTC Marine PFT Score Standards

STATUS	MINIMUM POINTS REQUIRED
Freshmen in 1st semester	135
Freshmen in 2nd semester	175
Sophomores	225
Juniors, Seniors, "Fifth-years"	250

506. Medical Injury During NROTC Activities

a. The Department of Labor (DOL) Office of Workers' Compensation Program (OWCP) may be utilized to provide medical coverage for individuals who are injured while participating in NROTC organized Unit activities (e.g. physical training events, FTX, LLAB, etc.). This does not apply to injuries sustained while on summer training or anytime a midshipman is on official orders. A midshipmen or designated applicant (such as a Midshipman Candidate at NSI, or a College Program Basic student) from the NROTC Program who is injured while participating in

unit related activities may receive medical coverage paid for by the DOL OWCP.

b. Claims should be submitted as soon as possible after injury/illness and treatment. For the fastest assistance, forms should be uploaded to the DOL ECOMP website https://www.ecomp.dol.gov/#/. Claims submitted via the ECOMP website will be assigned a claim number within 48 hours. Claim numbers are provided via email from the sender, No Reply. Advise the midshipman to check their email and junk folders for the claim number from the email from the No Reply sender. The midshipman processing the claim must record the assigned claim number accurately on all documents uploaded into ECOMP. All future correspondence and actions are based on the claim number. If a midshipman should not receive a claim number within 48 hours, they need to notify unit leadership to assist them with alerting the DOL point of contact.

Chapter VI

SUMMER TRAINING

601. Required Training. All Scholarship and College Program students are required to complete annual Summer training exercises. The training provides experience in the practical application of Naval Science studies. Students will also gain an appreciation for the detail and effort that must be applied at all levels to maintain the world's finest Navy and Marine Corps. Summer training is conducted around the world, depending upon availability. Although each training evolution is different, the underlying themes of leadership, military bearing, and discipline are constant.

a. Fourth Class Cruise/New Student Indoctrination (NSI). The Fourth-Class Cruise is commonly referred to as NSI. NSI is conducted at Naval Station Great Lakes and occurs normally during the summer between high school and arrival at TAMU. Graduation from NSI results in Midshipmen Candidates (MC) becoming midshipmen. A full uniform seabag will be issued at NSI, and many Professional Core Competencies (PCC's) will be completed at NSI including small arms training, 3/C Swim Qualification, an initial PRT/PFT, etc. NSI is a requirement to activate a NROTC Scholarship, and if not complete must either be deferred or waived by NSTC. Midshipmen in the College Program Basic who desire to apply for a Sideload Scholarship or Advanced Standing can expect to attend NSI prior to being selected for a scholarship.

b. Third Class Cruise. The Third Class Cruise is commonly referred to as CORTRAMID which stands for Career Orientation and Training of midshipmen, which presents the four major naval warfare communities:

(1) Spend one week in the Surface Warfare community discussing ship board life, surface ship operations, as well as, missions, tasks and equipment.

(2) Spend one week in the submarine community learning sub tactics, strategy, operations, and damage control.

(3) Spend one week in the aviation community exposing them to simulators. Every effort is made to afford midshipmen actual flight time in an aircraft.

(4) Spend one week with Marines gaining hands-on experience with small unit tactics, weapons and drill.

c. Second Class Cruise. Normally conducted between sophomore and junior year, second class cruise provides Navy Midshipmen at-sea training. They will become familiar with shipboard organization and administration, ship systems, evolutions and safety requirements both at sea and in port. Most importantly, midshipmen will develop an appreciation for the duties and responsibilities, as well as working and living conditions of enlisted personnel.

Marine Option Midshipmen will attend Fleet Marine Force (FMF) and spend about a month at either Camp Pendleton, California, or Camp Lejeune, North Carolina, where they engage with key elements of the Marine Air Ground Task Force (MAGTF). Their training includes live-fire ranges, Infantry Immersion Training (IIT), land navigation, and exposure to the various Military Occupational Specialties (MOS) that form the MAGTF. This experience emphasizes small unit leadership and serves as crucial preparation for Officer Candidate School (OCS) the following summer.

d. First Class Cruise. Designed to enhance the development of officer qualities and leadership skills, First Class Cruise provides Navy Midshipmen active participation in the duties and responsibilities of junior officers in various warfare communities. The goals of this training period are to prepare midshipmen for service as a Naval Officer, familiarize midshipmen with shipboard systems, and reemphasize the importance of military courtesies. Various specialized cruises are also available such as Foreign Exchange Cruises (FOREXTRAMID), Afloat Aviation Cruises, Ashore Aviation Cruises, Nuclear Cruises, Japanese Maritime Self-Defense Force (JMSDF) Exchange Program, and Nurse Cruises. In addition, the Special Warfare and Explosive Ordnance Disposal communities utilize 1/C Cruise as a screener for their highly selective training programs. First Class Cruise is a commissioning requirement.

Marine Option Midshipmen will attend Officer Candidate School (OCS), called "Bulldog", in Quantico, Virginia for six weeks. The mission of OCS is to rigorously train, screen, and evaluate candidates, ensuring they possess the leadership potential and dedication required to earn a commission. OCS is an intense and demanding experience, serving as the crucible that Marine Option Midshipmen must conquer to join the ranks of the Marine

Corps as commissioned officers. Success at OCS is a critical milestone on their path to becoming Marine leaders. OCS is a pre-commissioning requirement.

For both Marine and Navy Midshipmen, the importance of leadership, military bearing, and discipline in the fleet is re-emphasized.

602. Requirements. Scholarship midshipmen are expected to participate in the applicable summer training each summer. Summer school is not to interfere with summer training, it is the duty of individual midshipmen that they deconflict their classes with any summer training they are assigned, to include required calculus and physics courses. Requests for waivers or postponements are discussed in section 603, but are the exception rather than the rule. Both scholarship and College Program Advanced Standing Midshipmen must attend a First Class Cruise prior to commissioning. Midshipmen on LOA will not attend a cruise. Midshipmen must be medically qualified in order to attend a cruise and have passed the most recent PRT. Marine Option Midshipmen will participate in Bulldog in lieu of their First Class Summer Cruise.

Midshipmen will be briefed on summer training preferences at the beginning of the spring semester, and procedures for submitting to the summer cruise coordinator. These preferences will be sent using a standardized NROTC form via the FILEX system at filex.tamu.edu to ensure safety of personally identifiable information. All midshipmen are recommended to have a valid and current passport to be eligible for all possible cruises.

As soon as orders and travel has been approved midshipmen will be sent via FedEx their medical record, orders, flight information, and additional directions, unless arranged otherwise by the HRAs. Midshipmen are to open the package and ensure they understand the directions and that nothing is missing. Midshipmen are also required to ensure that they update their HRA immediately if their Home of Record (HOR) has changed to ensure the documents are not sent to the wrong address. Midshipmen are required to electronically check-in to their flights 24 hours in advance to ensure there are no issues with their flight. If there are issues with their flight they will immediately contact their HRA to get the issued resolved. At a minimum, midshipmen will be at their airport at least **two hours** in advance of their flight to ensure they do not miss their flight. International flights may require for an earlier check-in and midshipmen should read the notices distributed by the airlines carefully. When planning

personal travel and vacation never purchase non-refundable tickets as cruises may interfere with your plans due to limited availability of cruises and summer cruise takes priority.

603. Cruise Waivers and Postponement Requests. Second and Third Class Cruises can be waived, but not postponed, only if the individual is prior enlisted with at-sea, underway experience (usually). First Class Cruises may be postponed, but not waived, and only for the following reasons:

a. Required courses only offered in the summer
b. Personal problems of a severe nature
c. Internship or study abroad required for degree
d. Lack of available cruises

Although discouraged because of limited underway steaming time and interference with the academic year, First Class Cruises over the winter holiday or even Spring Break are sometimes available. These academic year cruises shall not be considered a primary course of action to complete summer training requirements, and will only be made available if all other possibilities have been considered over the summer. All waivers, special requests, and delays will be considered by the PNS on a case by case basis and are approved by NSTC. Individuals desiring a waiver or delay must contact the unit summer cruise coordinator in the fall semester before the summer training period.

604. Specialty Cruises. Specialty cruises are offered. If interested, midshipmen are strongly encouraged to annotate on the Summer Cruise Preference Form and turned in a timely manner with all required information for nomination submission and/or board submissions. Subparagraphs 604a. through 604c. describe specialty cruises which midshipmen may apply for. All specialty cruises are highly competitive.

a. Foreign Exchange Program (FOREX). An option available to Navy Midshipmen (First Class), in lieu of a standard first Class Cruise, is the foreign exchange cruise. Commonly referred to as FOREX, training is conducted with approximately 20-30 other Allied navies and will last four to eight weeks.

There are certain criteria which must be met in order to be eligible for a FOREX:

(1) Rising 1/C Navy Midshipman
(2) Language Ability (Critical)

(3) Current Passport
(4) Highly competitive based on GPA, military aptitude, and extra curricular activities.

A FOREX Cruise is an opportunity to exchange cultural ideas and values. This is a highly sought after experience with only about fifty midshipmen from across the country (including the Naval Academy) being selected.

b. Aviation Cruises. A select number of aviation cruises are available for Navy Midshipmen who are interested in a career as a Naval Aviator or Naval Flight Officer. This program is designed to offer training with an operational squadron, either land or carrier based. These First Class Cruises are highly competitive and require the following:

(1) Rising 1/C Navy Midshipman
(2) Third Class Swimmer Qualification
(3) Strong record of Academic Performance
(4) Completed 3710/18 - Medical Clearance for Non-aeronautically Designated Individuals to Participate in Naval Aviation Survival Training and Fly in USN/USMC Aircraft Occupying a Crew Position

c. Information Warfare (IW). A select number of IW cruises are availble for Navy Midshipmen that are interested in the IW community, usually around 20. There are six strands offered for the IW cruise, aligned to each IW designator eligible for direct commissioning: Meteorology/Oceanography (METOC), Cryptologic Warfare (CW), Information Professional (IP), Intelligence (INTEL), Cyber Warfare Engineer (CWE), and Maritime Cyber Warfare Officer (MCWO). The IW Summer Cruise for METOC, CW, IP, and INTEL strands will consist of a 3-4 week afloat cruise, embarked on operational surface/CVN platforms and paired with junior officer IW running mates.

Midshipmen assigned to the MCWO and CWE strands will participate in a cyber operations exercise at USNA. The CWE strand entails a rigorous cyber operations exercise at USNA. Midshipmen interested in the CWE strand must complete an automated online technical screener during specific windows this fall and (after passing the screener) a technical interview with the CWE Accessions Team.

There are certain criteria which must be met in order to be eligible for a IW cruise:

(1) Rising 1/C Navy Midshipman
(2) Fully adjudicated TS/SCI Clearance
(3) Application to NAVIFOR submitted (usually early December) and selected for IW Cruise

d. SEAL Officer Assessment Course (SOAC)/Explosive Ordnance Disposal (EOD)Summer Training and Assessment (ESTA). This cruise is for Navy MIDN graduating during the current FY, who desire assignment to designators 1180, Naval Special Warfare (NSW)/SEAL, or 1190, Explosive Ordnance Disposal (EOD). They are required to submit an application requesting attendance to the respective First Class Cruise for these communities. Although some of the required elements are the same, this application for First Class Cruise does **NOT** satisfy the requirement for submission of a service assignment package for the NROTC/STA-21 Service Assignment Panel.

There are certain criteria which must be met in order to be eligible for a SOAC/ESTA Cruise:

(1) 1/C Navy Midshipman
(2) Physical Screening Test (PST)
(3) Submit Application on time to SOAC and EOD Board (usually in February)
(4) DD Form 2808 Report of Medical Examination
(5) Radiology (Chest X-ray), EKG, and Vital Signs

e. NSI Midshipman Instructor. Midshipman have the ability to request to be a MIDN Instructor at NSI for any of the three phases. While there they will be able to develop leadership skills and investing in future generations of MIDN. This opportunity is available to rising Navy and Marine Option 2/C MIDN and 1/C Navy MIDN.

Note: If electing to do this during your rising 1/C summer, the cruise will not satisfy the 1/C summer training requirement for commissioning. Fifth-year MIDN will typically be assigned this billet unless they are graduating that summer.

605. Travel Pay and Claims. Midshipmen are entitled to travel pay from the government for travel to and from training sites. To obtain travel pay, midshipmen will complete form DD 1351-2 one business day after their return from summer training and turn in to the HRAs. The NROTC Unit HRAs will supply this form upon completion of cruise. It is important for all expenses incurred in travel to be recorded in receipt form, i.e. lodging, meals, miles traveled in private vehicles, etc. Although not

all will be reimbursed, receipts will be required. Detailed instructions will be given by the HRA to midshipmen prior to departure. If a midshipmen's banking information changes they need to immediately contact their HRA as this may affect getting your pay in a timely manner.

a. Active-Duty Status. Midshipmen are on Active Duty for Training (ACDUTRA) status while participating in summer training, and as such are subject to applicable service regulations. During summer training, Midshipmen are subject to Uniform Code of Military Justice (UCMJ) rules and regulations.

b. Pay. Midshipmen receive pay while on summer training equivalent to an established schedule at the rate established for USNA Midshipmen while attending summer or at-sea training. Pay status begins on the day of arrival at the training site or on the effective date of orders, whichever is later, and ends on the day the member is relieved from such training. There is no entitlement to basic pay while performing authorized travel to or from the training site.

c. Travel. This allowance covers only the travel from either TAMU or the midshipman's home of record to the training site and back to either TAMU or the midshipman's home of record.

d. Messing and Berthing. The Government pays for messing and berthing during active duty training.

e. Life Insurance. Midshipmen are covered by a government-subsidized group term life insurance policy (SGLI), currently valued at up to $400,000 during active duty training.

f. Medical. While on summer training and active-duty orders, midshipmen are eligible for Tricare benefits. Injuries sustained during summer training may be compensated via Tricare pending a Line of Duty (LOD) investigation.

606. Summer Cruise Physical Fitness Requirements.

Table 3-3 Summer Cruise Physical Fitness/Readiness Requirements

Cruise	Fitness Level	USMC PFT SCORE	USN PFA Score
CORTRAMID	Recommended	-	-
	Standard	200	Good Low (20-24)
	Min Waiverable	Per PNS	Satisfactory
2nd Class	Recommended	-	-
	Standard	235	Good Low (20-24)
	Min Waiverable	220	Satisfactory
1st Class	Recommended	265	-
	Standard	235	Good Low (20-24)
	Min Waiverable	No Waivers	n/a

Chapter VII

NAVAL UNIFORMS

701. Policy. Midshipmen will wear the NROTC Midshipman uniform for occasions designated by the PNS, his designated representative, or the Midshipman Battalion Commander. The NROTC Midshipman uniform is also worn during summer training. Midshipmen in the Corps of Cadets will wear the cadet uniform in accordance with The Standard. Fifth-year MIDN will wear the uniform to NROTC events as instructed by leadership and staff.

a. Articles

(1) NO ARTICLES SHALL PROTRUDE FROM OR BE VISIBLE ON THE UNIFORM, including such items as, pencils, pens, watch chains, key chain fobs, pins, jewelry, combs, large wallets, or similar items.

(2) Communication devices are not to be worn in such a manner as to be visible (i.e., front, side or rear, bulging, or protruding) when wearing military uniforms.

(3) Use of these devices will not interfere with the proper rendering of military courtesies and honors.

(4) Whenever there is a concern for operational security, the authorized wearing of these devices will be at the Commanding Officer's discretion.

b. Book Bags

(1) Navy Options are allowed to wear civilian backpacks/book bags in the service and working uniforms. The bag shall be worn over both shoulders. Cross-body bags are not authorized. While in the service uniform, the bag must be black with no ornamentation, contents must be concealed, and a small logo is permitted if it is of a subdued color. Bags worn with the NWU type III will be black or matching NWU type III pattern only. Strap excess should be rolled and secured with black tape so that no excess shall be hanging from the straps.

(2) Marine Options are allowed to wear civilian book bags/backpacks with the MCCUU. The bag must be black, olive drab, brown, tan, or a combination thereof. The bags can also be MARPAT, but all bags must be conservative in nature with minimal logo representation. Any logos must be of a subdued

color and no larger than five inches long by two inches wide. The bag must be worn with both straps over their respective shoulders. Cross-body bags and wearing a bag over one shoulder is not authorized.

(3) Any bag that does not conform to the above requirements or the use of a bag in any uniform not specifically addressed above, must be held in the left hand to facilitate saluting and will not be worn while in uniform.

(4) A single water bottle that is of a conservative nature and subdued in color may be worn in the outside pocket of a bookbag. Subdued colors may include dark gray, black, olive drab, brown, or a dark tan. Any dispute regarding subdued colors or the use of specific bookbags will be at the discretion of the faculty advisors, under the direction of the Commanding Officer.

c. Sunglasses. Conservative sunglasses are permitted, except in military formations. Retainer straps are not authorized unless safety procedures require the use of such straps for a short time. If retainer straps are required, they shall be plain, black, and worn snugly against the back of the head.

d. Umbrellas. Navy Regulations permit men and women to carry plain black umbrellas in the left hand (to facilitate saluting). Marine Options who are authorized to wear the Marine Corps uniforms may carry a small, all-black, plain, standard, or collapsible umbrella during inclement weather with the Service and Dress uniforms only.

(e) The ID card is carried in the left breast pocket. Women may place it in their skirt or slack pocket.

Midshipmen will not "walk and talk" on a cellphone while in uniform. As in the Fleet, midshipmen will stop walking and move to the side of the path to use such a device. Midshipmen must lower the device from their face in order to render honors or salute. Midshipmen will not consume food or drink in uniform unless seated at a table. Chewing gum is also prohibited in uniform. According to 10 U.S.C. 771, wearing parts of uniforms as civilian attire is unauthorized; (e.g., camouflage utility trousers).

702. Issue. Midshipman uniform items will normally be issued at NSI. The Unit Supply Technician may issue uniform items to

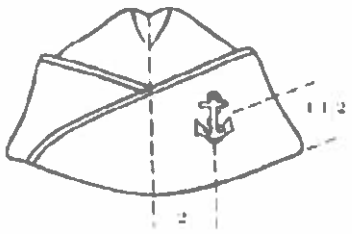
College Program or scholarship midshipmen who have not yet attended NSI. The correct inventory for items to be issued for summer cruises will be covered by the unit summer cruise coordinator at the proper time. Some articles of clothing will be retained by the midshipmen upon graduation and commissioning. These items will be identified at time of issue. Other items, such as insignia and shoulder boards, will be returned. NROTC students will store their midshipmen uniforms at the university during the academic year. If a student leaves the program prior to commissioning, he or she will return all uniform and uniform items to unit supply.

703. Alterations. Initial alterations, if necessary, are made at the government's expense through a local tailor. Midshipmen may see the unit Supply Technician for assistance. Subsequent alterations will be made at the midshipman's own expense.

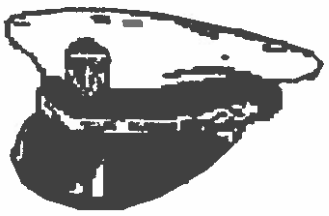
704. Replacement. Replacement of uniforms due to outgrowing or normal wear-and-tear will be made by the midshipman. Clothing which is lost, mutilated or destroyed due to negligence or misuse is the midshipman's responsibility.

705. Insignia. NROTC Midshipmen wear insignia on their uniforms that conform to that prescribed for United States Naval Academy Midshipmen. Marine Option Midshipmen will wear the gold Marine Corps eagle-globe-anchor (EGA) emblem in place of anchor insignia for all uniform items. Initial insignia will be issued. Any replacement will be on the responsibility of the midshipman to procure. For Corps of Cadets uniforms, all midshipman will wear a NROTC patch on their shoulder, and a naval contract pin (blue for Navy Option, red for Marine Option) will be provided to midshipmen upon activating their scholarship to wear on their Corps of Cadets uniform. Navy Option Midshipmen will wear a gold midshipman anchor on their biders, while Marine Option Midshipmen will wear a gold Eagle, Globe, and Anchor (EGA) until they earn their subdued EGAs at OCS. Post OCS completion, subdued EGAs will take the place of the gold EGA on biders. (PLC candidates wear subdued EGAs post OCS as well.)

a. Caps. The insignia on the combination cap device is a gold, fouled anchor. The unfouled arm of the stock will be facing the wearer's right. The garrison cap device is also a gold, fouled anchor, 1 1/ 16 inch in size. The **fouled** portion of the stock faces to the front of the cap.



Garrison Cap



Combination Cap
(Male)

Combination Cap
(Female)

The anchor device for the garrison cap should be positioned approximately two inches from the front crease and one and a half inches up from the bottom edge to the middle of the insignia.

Wear the Combination Cover centered on the head, so the bottom edge is parallel to the deck and there is a two-finger distance between the bridge of the nose and the visor. The top of the cover should remain flat; the head should not make a bulge. No hair shall be visible under the front of the cover. To clean the cover, use mild, soapy water (a toothbrush on tough spots). Clean the visor with a soft cloth. Keep insignia buffed to a high shine. Do not Brasso the insignia.

b. Shoulder Boards. Midshipmen will wear shoulder boards on Summer Whites. The boards reflect class in the following manner:

First Class
Seniors

Second Class
Juniors

Third Class
Sophomores

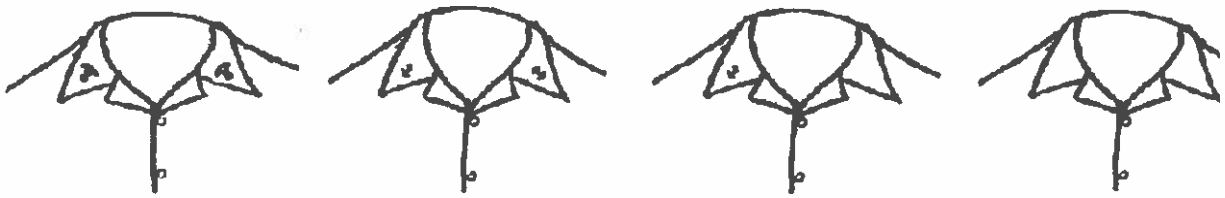
Fourth Class
Freshmen

The unfouled arm of the anchor on shoulder boards will face to the front. Diagonal stripes point outward to the front.

c. Collar Insignia. Navy MIDN 3/C wear an anchor on the right collar, MIDN 2/C wear an anchor on each collar, and MIDN 1/C wear an eagle anchor on each collar. 2/C and 3/C Class Midshipmen wear gold, fouled anchors as collar devices which are 5/8 inches long. 1/C Midshipmen wear 11/16 inch gold eagle-anchor insignia. Each set consists of a right and left unit. Marine Option students wear the eagle-globe-anchor (EGA) in place of the following devices. The bottom tip of the anchor on the EGA device will face inward. Devices are worn on khaki

shirts, long and short sleeve, and marine MARPATS. Manner of wear is shown below:

Open Collar Short Sleeve (Naval insignia shown)



First Class Seniors | Second Class Juniors | Third Class Sophomores | Fourth Class Freshmen

The insignia (Navy or Marine Corps) on short sleeve shirts are centered approximately one inch from the front and lower edges of the collar. Position the insignia along an imaginary vertical line which bisects the angle of the collar point.

706. Undergarments. Navy Uniforms Regs state, "Appropriate undergarments will be worn to preserve the dignity and appearance of the uniform." Everyone is required to wear a cotton undershirt, a white undershirt for khaki and summer whites, and a skivvy shirt in NWUs/MARPATs.

707. Shirts. Shirts should be clean, pressed, and lint-free. A military press is encouraged. Ensure all pockets are buttoned and Irish pennants (stray strings) are removed. Storage in a garment bag will minimize lint. Fold excess material behind creases and secure with the trouser waistband. Shirt stays are encouraged.

708. Trousers. Trousers should be clean, pressed, and free of lint. Ensure fore and aft creases are of equal height on both legs. Ensure that the rear pocket is buttoned and all IP's (Irish pennants) are removed. They should be of a length so

that they "break" slightly when at attention. "Breaking" is when the trouser touches the top of the shoe, making an indentation in the front crease. The rear of the trouser should be 1/4 inch above or below the welt of the shoe when at attention.

709. Belts

a. Cut excess webbing from the belt according to these dimensions:

(1) Navy - The entire brass tip should just pass the edge of the brass buckle. All excess should be removed.

(2) Marine - The belt should have 2-4 inches from the buckle to the tip. Again, all excess should be removed.

b. Thread the belt through the trouser loops (tip first) counterclockwise for males and clockwise for females. White (not gel) toothpaste and an old toothbrush are effective in removing dirt on white web belts. Taping cardboard to the untipped end of the white belt stiffens it and helps the buckle stay on.

710. Buckle. All issued buckles (and belt tips) are real brass. Midshipmen may also wear the TAMU NROTC belt buckle, in accordance with Navy Uniform Regulation 3501. The unit belt buckle shall be worn centered with the clip concealed.

711. Socks. Males wear white dress socks with Summer White uniforms, black dress socks are worn with every other uniform. Women will wear hosiery of a natural shade with uniform skirts and wear socks as prescribed for males with slacks. "Shirt stays" will either be attached to the top of the sock, or stirrups will be worn beneath/inside the sock, never on the outside of the sock. Socks worn to PT shall be plain white—free of logos and designs.

712. Grooming Standards. This section is a summary of the information contained in the U.S. Navy uniform regulations and is not complete. Any questions of discrepancies should be addressed to the Navy Publication.

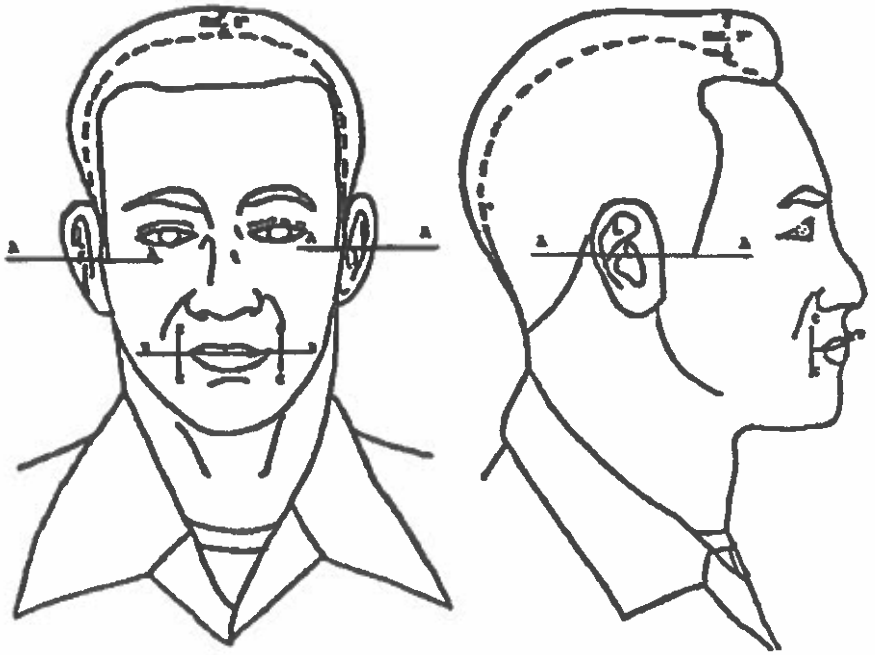
https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/Chapter-2/2201-Personal-Appearance/#2201.7

a. Hair

(1) Men. Keep hair neat, clean and well groomed as per Navy standards. The bulk of the hair shall not exceed 2 or 4 inches in length and not to extend below the eyebrows when headgear is removed or show underneath when headwear is worn. Hair on the back of the neck shall not touch the collar. Sideburns will be neatly trimmed and tailored and shall not extend below a point level with the middle of the ear, see Figure 2-2-1 below.

GROOMING STANDARDS FOR MEN

Figure 2-2-1

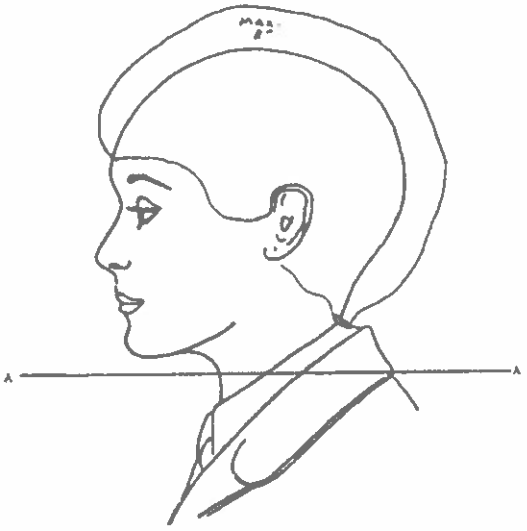


(2) Women. Lopsided and extremely asymmetrical styles are not permitted. Foreign material shall not be braided into hair. Hair shall not show from under the front of the brim of the combination hat, garrison, or command ball caps. When in uniform, the hair may touch, but not fall below a horizontal line level with the lower edge of the back of the collar. Long hair which fall below the lower edge of the collar shall be neatly and inconspicuously fastened, pinned, or secured to the

head. No portion of the bulk of the hair as measured from the scalp will exceed approximately 2 inches. Buns must be centered on the back of the head, and must not exceed 3 inches in bulk from the scalp, 4 inches in diameter, or extend beyond the width of the back of the head, see Figure 2-2-2 below.

GROOMING STANDARDS FOR WOMEN

Figure 2-2-2



b. Mustaches. The face shall be clean shaven. Cadets are not authorized to wear mustaches. Fifth-year male Midshipmen are authorized to wear mustaches in accourdance with U.S. Navy Regualtions. Mustache hairs, when fully extended, must not exceed 1/2 inch in length. Mustaches must be neatly trimmed and cannot extend past the corners of the mouth (1/4 inch) or cover the upper lip line.

c. Fingernails

(1) Men. Fingernails shall not extend past fingertips and must be clean. Buffed nails or clear coat nail polish is authorized.

(2) Women. Fingernails shall not exceed ¼ inch measured from the fingertip. They shall be kept clean. Nail polish may be worn but colors shall be conservative and complement the skin tone. French and American manicures are authorized (white and off-white tips with neutral base color ONLY).

d. Jewelry

(1) Rings. While in uniform, only one ring per hand is authorized plus a wedding/engagement ring set.

(2) Earrings.

(a) Men. Not authorized while in uniform or when in a duty status.

(b) Women. One earring per ear, centered on the earlobe, may be worn while wearing Navy uniforms. Earrings shall be 4mm - 6mm ball or round (approximately 1/8 - 1/4 inch), plain with shiny or brushed matte finish, screw on or with posts. Earrings may be silver, yellow or white gold, white pearl or colorless diamond. Synthetic variants of pearl or diamond earrings are acceptable if they meet color and size requirements. Hoop style earrings are not authorized. Commanding officers may restrict earring wear if they present a foreign object debris hazard.

(3) Body piercing. Not authorized while in uniform.

(4) Necklaces. While in uniform, only one necklace may be worn and it shall not be visible.

(5) Bracelets. While in uniform, bracelets will be conservative. Bracelets that distract from the professional military appearance of the individual in uniform are not authorized. Only one bracelet may be worn while in uniform. When wearing a bracelet, a wristwatch/ smartwartch or fitness tracker is not authorized on the same wrist as the bracelet. Ankle bracelets in uniform are not authorized. Bracelets will not present a safety or FOD hazard.

(6) Wristwatch/Smartwatch/Fitness Tracker. While in uniform, wristwatches/smartwatches and fitness trackers will be conservative and not present a uniform distraction. Only one wristwatch/smartwatch or fitness tracker and one bracelet may be worn simultaneously (one on each wrist) while in uniform. Smartwatches and fitness trackers are subject to applicable security regulations. Authorized watch and fitness tracker colors when in uniform are solid black, brown, dark green, grey, navy blue, tan, white, copper, gold (metal), silver (metal), gold and silver combination (metal) only.

Chapter VIII

NAVAL ETIQUETTE AND CUSTOMS

801. Military Etiquette and Naval Customs. Military etiquette and Naval customs, courtesies, and traditions are handed down to promote good order and discipline in peacetime, and victory in time of war. Adherence to these customs will aid in the development of honor, courage, personal integrity, dedication, and loyalty.

802. Saluting. The salute is a long established form of greeting and recognition between members of the military profession. Midshipmen in uniform (Naval or Corps of Cadets, unless in physical training uniform) will salute officers of all branches of the U.S. Armed Services when within 6 paces, whether or not the officer is in uniform. A salute is rendered only when covered. A time of day greeting is in order regardless of cover. It is customary to exchange a greeting with the salute such as "Good morning, sir" or "Good evening, ma'am". If the officer is recognized, a greeting of "Good afternoon, LT_____" is appropriate. If two or more officers are present and of the same rank, they should be addressed as "gentlemen" or "ladies". When overtaking (passing) an officer from behind, a salute accompanied with, "By your leave sir or ma'am," is the appropriate action. Before 1200 is morning, 1200 to 1800 is afternoon, and after 1800 is evening.

803. Courtesy and Deference

a. Addressing Officers. Midshipmen should call "Attention on deck" when a commanding officer, flag officer, or general officer enters a room. This will be followed by a position of attention by all present and a greeting. Naval Officers of the rank of Commander or senior, are addressed by their rank as are all Marine Corps Officers.

b. Deference to Senior Officers. It is standard courtesy for juniors to give way to seniors in the military. All Midshipmen will consider themselves junior to commissioned officers. Juniors walk to the left and slightly to the rear of seniors; juniors do not interrupt seniors except in case of emergency. All orders received by midshipmen from officers will be considered official and executed accordingly. Expressed wishes of a senior are, by tradition, tantamount to an order to a junior.

c. Entering an Officer's Office. When a midshipman wishes to enter the office of a military officer, the following procedure will be observed:

(1) Knock and wait for instructions.

(2) Enter and assume a position of attention six inches from the desk and centered unless or until told to stand at ease.

(3) State your name (if not already recognized) as "Midshipman _____reporting as ordered."

(4) State your business.

(5) Wait until dismissal before leaving. After receiving the command to dismiss, respond with "Aye sir or ma'am, take one step backward (if still at attention), give the proper greeting of "good morning/afternoon/evening" and about face. Once this is done, take the most direct route out of the office.

d. Conversing with Officers. The words "sir" and "ma'am" are military expressions of courtesy which will always be used in connection with "yes" and "no" and when replying to an officer. When acknowledging an order, the term "Aye, Aye Sir or Ma'am" is used. Slang such as "yeah, yep, nope, and O.K." are not to be used. The most important characteristic to develop is complete honesty. Evasive answers or half truths will not be tolerated. "I don't know but I will find out" is an answer that will be appreciated.

e. Standards of Etiquette. A firm grasp of appropriate Naval etiquette is important in an officer who will be judged not only on his or her professional ability but on his or her manner in social life as well. An officer is expected to exercise tact and possess poise. Accordingly, certain social events and gatherings are conducted during the year where these characteristics are expected to be displayed. In both social and professional environments, midshipmen shall conduct themselves in a manner that is in accordance with good judgment and common sense.

f. Correspondence. Prompt, accurate, and respectful communication is important in the Naval Service. When a military officer (or any NROTC Staff member) contacts a midshipman via email or telephone, midshipmen are required to respond (or at least acknowledge if awaiting additional information) within 24 hours in the same media (email, text, phone call) that they were

contacted in. When sending an email or letter to a military officer:

(1) Begin the letter or email with rank or name, or sir or ma'am.

(2) Rank is abbreviated in the Navy and Marine Corps as per below (Navy rating abbreviations are commonly included):

Enlisted Ranks (E-1 to E-9)

Pay Grade	Navy (USN)	Marine Corps (USMC)
E-1	Seaman Recruit (SR)	Private (Pvt)
E-2	Seaman Apprentice (SA)	Private First Class (PFC)
E-3	Seaman (SN)	Lance Corporal (LCpl)
E-4	Petty Officer Third Class (PO3)	Corporal (Cpl)
E-5	Petty Officer Second Class (PO2)	Sergeant (Sgt)
E-6	Petty Officer First Class (PO1)	Staff Sergeant (SSgt)
E-7	Chief Petty Officer (CPO)	Gunnery Sergeant (GySgt)
E-8	Senior CPO (SCPO)	Master Sergeant (MSgt)
E-8	Command Senior CPO (CMDCS)	First Sergeant (1stSgt)
E-9	Master CPO (MCPO)	Master Gunnery Sergeant (MGySgt)
E-9	Command Master CPO (CMC)	Sergeant Major (SgtMaj)

Warrant Officers (W-1 to W-5)

Pay Grade	Navy (USN)	Marine Corps (USMC)
W-1	Warrant Officer 1 (WO1)	Warrant Officer 1 (WO1)
W-2	Chief Warrant Officer 2 (CW2)	Chief Warrant Officer 2 (CW2)
W-3	Chief Warrant Officer 3 (CW3)	Chief Warrant Officer 3 (CW3)
W-4	Chief Warrant Officer 4 (CW4)	Chief Warrant Officer 4 (CW4)
W-5	Chief Warrant Officer 5 (CW5)	Chief Warrant Officer 5 (CW5)

Commissioned Officers (O-1 to O-10)

Pay Grade	Navy (USN)	Marine Corps (USMC)
O-1	Ensign (ENS)	Second Lieutenant (2ndLt)
O-2	Lieutenant Junior Grade (LTJG)	First Lieutenant (1stLt)
O-3	Lieutenant (LT)	Captain (Capt)
O-4	Lieutenant Commander (LCDR)	Major (Maj)
O-5	Commander (CDR)	Lieutenant Colonel (LtCol)
O-6	Captain (CAPT)	Colonel (Col)
O-7	Rear Admiral (RDML)	Brigadier General (BGen)
O-8	Rear Admiral (RADM)	Major General (MajGen)
O-9	Vice Admiral (VADM)	Lieutenant General (LtGen)
O-10	Admiral (ADM)	General (Gen)

(3) The formal closing of the letter or email should always be signed as "Very Respectfully" or "V/r" when addressing someone of higher rank, or signed as "Respectfully" or "/r" when addressing someone of lower rank.

804. Naval Heritage

a. Navy General Orders of a Sentry.

(1) To take charge of this post and all government property in view.

(2) To walk my post in a military manner, keeping always on the alert and observing everything that takes place within sight or hearing.

(3) To report all violations of orders I am instructed to enforce.

(4) To repeat all calls from posts more distant from the guard house than my own.

(5) To quit my post only when properly relieved.

(6) To receive, obey, and pass on to the sentry who relieves me all orders from the Commanding Officer, Command Duty Officer, Officer of the Deck, and Officers and Petty Officers of the Watch only.

(7) To talk to no one except in the line of duty.

(8) To give the alarm in case of fire or disorder.

(9) To call the Officer of the Deck in any case not covered by instructions.

(10) To salute all officers and colors and standards not case.

(11) To be especially watchful at night and during the time for challenging, to challenge all persons on or near my post, and to allow no one to pass without proper authority.

b. The service hymns of the Navy and Marine Corps are listed below, with lyrics.

(1) Revised Lyrics of 1997 by MCPON John Hagen, USN, Ret:

Verse 1
Stand Navy out to sea,
Fight our battle cry;
We'll never change our course,

So vicious foe steer shy-y-y-y.
Roll out the TNT,
Anchors Aweigh.
Sail on to victory
And sink their bones to Davy Jones, hooray!

Verse 2 (Primary Verse sung during ceremonies only.)
Anchors Aweigh, my boys,
Anchors Aweigh.
Farewell to foreign shores,
We sail at break of day-ay-ay-ay.
Through our last night ashore,
Drink to the foam,
Until we meet once more.
Here's wishing you a happy voyage home.

Verse 3
Blue of the mighty deep:
Gold of God's great sun.
Let these our colors be
Till all of time be done, done, done, done.
On seven seas we learn
Navy's stern call:
Faith, courage, service true,
With honor, over honor, over all.

(2) Marines' Hymn Lyrics

Verse 1
From the Halls of Montezuma
To the Shores of Tripoli;
We fight our country's battles
In the air, on land and sea;
First to fight for right and freedom
And to keep our honor clean;
We are proud to claim the title
of United States Marine.

Verse 2
Our flag's unfurled to every breeze
From dawn to setting sun;
We have fought in ev'ry clime and place
Where we could take a gun;
In the snow of far-off Northern lands
And in sunny tropic scenes;
You will find us always on the job
The United States Marines.

Verse 3
Here's health to you and to our Corps
Which we are proud to serve
In many a strife we've fought for life
And never lost our nerve;
If the Army and the Navy
Ever look on Heaven's scenes;
They will find the streets are guarded
By United States Marines.

c. Naval Terminology. All Midshipmen should be familiar with common Naval terminology in addition to the military terminology used in the Corps of Cadets.

Above: Upward, higher, as to go above; above the flight deck.

Aft: Toward the stern.

All Hands: Refers to the entire ship's company, including both officers and enlisted personnel.

Athwartship: At a right angle to the centerline, as a passageway which runs from port to starboard as opposed to fore and aft.

Aye Aye: A response indicating understanding and compliance with a command.

Below: Downward, beneath, as to lay below; below the flight deck.

Bow: The forward end of a ship or boat.

BRAVO ZULU: Naval term meaning "good job" or "congratulations".

Bridge: Area in the superstructure from which the ship is operated.

Brightwork: Brass or shiny metal kept polished rather than painted.

Brow: A portable gangway from a ship to a pier, wharf or float.

Bulkhead: A vertical partition, never called a wall.

Carry On: Command to resume work or duties.

Chow: Food.

Deck: (1) Shipboard floor, horizontal plating which divides a ship into layers.

(2) Shipboard floors from Main deck and below numbered 1, 2, 3.

Fantail: The after end of the main deck.

Forecastle, Foc'sle: Forward section of the deck on which the anchor handling equipment is located.

Frame: An athwartship beam, which provides structural strength to a ship.

Galley: Space where food is prepared. Never called a kitchen.

Gangway: Opening in the lifelines of a ship that allows access to the brow, accommodation ladder; also, an order to clear the way.

Gear Locker: Storage room.

Geedunk: Candy, gum, snacks, etc.

General quarters (GQ): Order to leave what you are doing to get to Battle Stations.

Gig line: The straight line that runs down the front center of the torso formed by the alignment of the shirt, belt buckle, and pants zipper.

Hatch: A square or rectangular access in a deck.

Head: Bathroom or toilet.

Helm: Steering wheel of the ship that controls the rudder.

Island: Superstructure on the starboard side of the flight deck on an aircraft carrier.

Ladder: A shipboard flight of steps. Never called stairs.

Level: Shipboard floors above the main deck. Numbered 0-1, 0-2, 0-3.

Liberty: Permission given to leave the ship or base.

Lifeline: Lines around the weather decks of a ship to prevent personnel from falling over the side.

Log: Book in which data or events that happened during watch are recorded.

Main Deck: Highest watertight (complete) deck aboard ship. On aircraft carriers, the hangar deck is the main deck.

Mess: (1) Place where meals are eaten, such as Mess Decks, Captain's Mess, etc.

(2) A group who takes meals together, such as officer's mess or chief's mess.

Midwatch: (The Mid) The watch which begins at 0000 and ends at 0400.

Mid Rats: (Midnight Rations) Meal served around midnight for those crewmembers going on or off watch.

Muster: Process for accounting for all members in a unit; roll call.

OOD: Officer of the Deck.

Overhead: The underside of a deck from the overhead of the compartment next below. Never called a ceiling.

Passageway: A corridor used for interior horizontal movement aboard ship.

Port: To the left of the centerline when facing forward.

Quarterdeck: The quarterdeck is a raised deck behind the main mast of a sailing ship. Traditionally it was where the captain commanded his vessel and where the ship's colors were kept. This led to its use as the main ceremonial and reception area on board, and the word is still used to refer to such an area on a ship or even in naval establishments on land.

Quarters: Formal assembling of All Hands for muster, instruction, and inspection.

Rate: Enlisted occupation and paygrade; a Boatswain Mate 1st Class would be abbreviated BM1 and an Electronics Technician Chief would be abbreviated ETC.

Scuttle: Round, watertight opening in a hatch.

Scuttlebutt: (1) Drinking fountain.

(2) A rumor.

Second Deck: First deck below the main deck.

Secure: (1) To make fast, as to secure a line to a cleat.

(2) To cease, as to secure from a fire drill.

Shift colors: Change arrangement of colors after getting underway.

Sickbay: Shipboard space used as a hospital or medical center.

Square away: To put in proper place, to make things shipshape.

Starboard: Right of centerline when facing forward.

Stateroom: A living compartment for an officer.

Stern: The aftermost part of a vessel.

Swab: Mop or the action of using a mop on the deck.

Taps: Bugle call to signal the end of the military day; also played at military ceremonies such as funerals and memorial services.

Tattoo: Five minutes before Taps.

Topside: General term referring to a weather deck.

Wake: Trail left by a vessel moving through the water.

Wardroom: Officer's messing compartment.

Weather Deck: Any deck exposed to the elements; a deck outside the skin of the ship.

d. Military Code of Conduct.

Article 1. I am an American fighting in the forces which guard my country and our way of life. I am prepared to give my life in their defense.

Article 2. I will never surrender of my own free will. If in command, I will never surrender my men while they still have the means to resist.

Article 3. If I am captured, I will continue to resist by all means available. I will make every effort to escape. I will accept neither parole nor special favors from the enemy.

Article 4. If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information nor take part in any action, which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way.

Article 5. When questioned, should I become a prisoner of war, I am bound to give only my name, rank, service number and date of birth. I will evade answering further questions to the utmost of my ability. I will make no oral or written statements disloyal to my country and its allies or harmful to their cause.

Article 6. I will never forget that I am an American, fighting for freedom, responsible for my actions, and dedicated to the principles that made my country free. I will trust in my God and in the United States of America.

e. The Sailor's Creed:

I am a United States Sailor.

I will support and defend the Constitution of the United States of America, and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage and Commitment.

I am committed to excellence and the fair treatment of all.

Chapter IX

MIDSHIPMAN EVALUATION AND APTITUDE DETERMINATION

901. Performance Evaluation. The NROTC Fitness Report (FITREP) performance evaluation system is a standardized approach for evaluating the officer potential of NROTC Scholarship and College Program students during all phases of their officer candidate education. Students are evaluated once per semester. The evaluations are used for award recommendations, service assignment, and retention in the program. For Navy option, midshipmen receiving their commissions and service assigned as Surface Warfare Officers (SWO), performance evaluations may affect ship selection as well. Three specific areas of performance are addressed:

1. Academic performance as measured against the host institution and OD program requirements as well as individual potential.

2. Physical readiness performance per NSTC and MCRC requirements and Navy and Marine Corps physical fitness standards.

3. Aptitude for service as a naval officer as reflected in military performance within the unit.

a. Cruise Evaluations. The Midshipman Coordinator at the appropriate training sites may evaluate midshipman performance during the cruise. These evaluations will be forwarded to the midshipman's respective home units at the completion of training and provided to the military advisor.

b. Semester Aptitude Assessment. Every student is evaluated each semester on behavior and achievement during that reporting period. Assessments are based on academic achievement, military bearing, personal conduct, physical conditioning, leadership and management abilities, communication skills, organizational support, and goal setting. The midshipman's level of involvement in Corps activities, university intramurals, clubs, and sports is also considered.

902. Ranking. Evaluations will be compiled for each class by their respective military advisor who will forward them to the PNS for approval and signature. Midshipmen will be ranked based on both cumulative evaluations and the applicable semester period. Each midshipman shall be counseled by their advisor concerning their ranking. Students are encouraged to discuss aptitude scores to determine areas in need of improvement.

Continuous personal improvement should be a paramount goal of all Naval officers.

903. Midshipman Battalion Staff Evaluations. Each scholarship and College Program Midshipman in the battalion will also be evaluated by their midshipman chain of command. Midshipman billet holders will evaluate subordinates at the end of each term regarding their leadership and accomplishments and provide 2-3 evaluation comments through the midshipman chain of command to the military advisor. These evaluations will be conducted by Platoon Commanders/Division Officers and above to ensure that each individual midshipman is properly observed and performance is documented. These comments will be professional in nature and care shall be exercised that no one outside the chain of command will be privy to these comments. Military advisors will use midshipmen comments in their rankings and evaluations at their discretion.

Chapter X

GRADUATION, COMMISSIONING, AND ACTIVE DUTY

1001. Eligibility. The Professor of Naval Science shall withhold the commission of any student who does not fulfill the requirements for commissioning. Prospective officers must graduate from the university with a Baccalaureate degree, maintain physical fitness standards, and complete all NROTC Program requirements. Additionally, midshipmen must be medically qualified (including required special duty physicals, and female midshipmen must complete a well woman exam within 12 months of commissioning), possess a 2nd class swim qualification, and must have completed the required summer training.

1002. Delays in Commissioning. When it becomes apparent that a student will not complete his or her required courses as scheduled, the Professor of Naval Science shall consider a request from the student for a graduation date change to fulfill the degree requirements. The PNS shall review the circumstances which caused the delay and evaluate the student's potential for completing the remaining requirements. If the finding is favorable, the PNS will grant a continuance without monetary compensation unless the student has requested Extended Entitlements (See Chapter IV). If the finding is unfavorable, the student may be recommended for disenrollment from the program following a Performance Review Board. It is imperative that all midshipmen review their degree completion plans routinely with both their military and academic advisors and request graduation date changes as soon as possible, especially if it results in crossing a fiscal year.

1003. Active-Duty. Navy Midshipmen will proceed to active duty with a regular USN commission immediately upon commissioning. Marine Midshipmen will receive active-duty commissions into the Inactive Ready Reserve and will be activated upon reporting to The Basic School.

1004. Service Assignment

a. Navy Option. The Service Assignment board convenes each September to determine the warfare community into which graduating Midshipmen will commission for that fiscal year. Midshipmen submit their designator preferences to their military advisor and Service Assignment Coordinator during the spring semester prior to their graduation fiscal year (the fiscal year begins in October). Academic grades, aptitude marks, physical

fitness scores, and individual preference significantly influences assignment.

Once assigned, a warfare community detailer issues orders based on the needs of the U.S. Navy, transferring the new officer from NROTC Texas A&M University to follow-on pipeline training.

Midshipmen must be found qualified for their assigned community, which may require special duty physicals (e.g., flight or undersea medical officer physicals) before or after assignment.

(1) Surface Warfare. Final medical commissioning physical approved by the Bureau of Medicine (BUMED).

(2) Naval Aviation.

(a) Must complete a flight physical and be approved by BUMED prior to commissioning. As remedials and waivers may take time, midshipmen should schedule desired flight physicals through their military advisor and unit medical representative no later than 18 months prior to commissioning. If seeking eye surgery to meet vision requirements, eye surgery must be completed no less than 6 months prior to the flight physical.

(b) Must complete the Aviation Selection Test Battery (ASTB) before Service Assignment.

1. For Navy applicants, the following scores are required: Pilot: Academic Qualifications Rating (AQR) 4/Pilot Flight Aptitude Rating (PFAR) 5; or Naval Flight Officer (NFO): AQR 4/ Flight Officer Flight Aptitude Rating (FOFAR) 5.

2. For Marine Corps applicants, the following scores are required: Pilot: AQR 4/PFAR 5; or NFO: AQR 4/FOFAR 5. The ASTB exam can be taken up to three times, with no less than 30 days between each attempt. Only The most recent score is used for Service Assignment.

(3) Nuclear Power

(a) Must complete a UMO physical and be approved by BUMED prior to commissioning. As remedials and waivers may take time, Midshipmen should schedule desired UMO physicals through their military advisor and unit medical representative no later than 18 months prior to commissioning.

(b) Nuclear Power candidates must pass a set of interviews with Naval Reactors (NR) prior to commissioning.

These interviews require travel to Washington, D.C., and consist of technical interviews with Naval Reactors staff and a personal interview with the Director of NR, (a 4-star Admiral), and may be scheduled before or after Service Assignment. To prepare for these interviews, selected midshipmen shall participate in NR interview preparation with the NROTC Unit's Nuclear Power Officer(s) and conduct a mock Admiral interview with the CO or XO.

b. Marine Option. Newly commissioned Marine Officers will receive orders to The Basic School (TBS) in Quantico, Virginia. Further assignment is based on the military occupational specialty which each 2nd Lieutenant is assigned at TBS. Early selection to flight training after TBS may be requested through the Marine Officer Instructor. Ensure plenty of lead time prior to graduation in order to facilitate time for ASTB testing, a flight physical, and assembly of flight package for MCRC (see paragraph 1004 A.2. above).

1005. Graduate Study. Navy option Midshipmen may request additional time to complete professional programs which lead to a Masters degree in fields of interest to the Navy. The Graduate Study Leave of Absence policy is discussed in Chapter VI of reference (a). See your military advisor for more details. Other opportunities may be promulgated as they are made available (Deep Sea Scholar's Program, Naval Postgraduate School, etc.).

1006. Uniforms

a. Navy Option. Prior to commissioning, each midshipman must obtain an adequate uniform wardrobe as specified in U.S. Navy Uniform Regulations for initial outfitting only. Midshipmen may purchase uniforms from any naval uniform shop during the final year by displaying their military identification card. Seniors must ensure that they receive their uniforms in advance of commissioning in order to leave adequate time for alterations. Officers and Chief Petty Officers are responsible for buying and maintaining uniforms appropriate to their assigned duties and as required by their prescribing authority. There is no minimum number of uniforms required to be in their possession. Sufficient quantities of uniform items will be procured and maintained to ensure high standards of personal hygiene and appearance. Because of high visibility in leadership positions, high standards of neatness and cleanliness are expected and must be maintained. The Officer Candidate sea bag list can be found here:
https://www.mynavyhr.navy.mil/Portals/55/Navy%20Uniforms/Uniform%

20Regulations/Chapter%201/Table%201-1-1.pdf?ver=auAh4APG9E4kcrRag4AubQ%3d%3d.

Below is the Navy Exchange link for ordering uniforms (the listing of these links does not constitute Texas A&M University NROTC's endorsement of their corresponding institutions): https://www.mynavyexchange.com/browse/military/navy/ /N-1244704230#/

b. Marine Option. Only the Marine Corps uniform required for the commissioning ceremony must be purchased. This should be ordered three to four months prior to graduation and inspected by the MOI. All remaining uniforms will be purchased at TBS. Below is the main source for purchasing the Marine uniform: https://www.mymcx.com/uniforms

Useful Links and Information

1. For Midshipman Battalion-related information: http://nrotc.tamu.edu

2. For additional information concerning a future career in the Navy or Marine Corps:

    a. http://www.navy.mil

    b. https://www.mynavyhr.navy.mil/

    c. https://www.my.navy.mil/quick-links.html?collapse-64

    d. http://www.marines.com

3. For news-related information:

    a. http://www.navytimes.com/

    b. http://www.marinecorpstimes.com/

    c. https://www.usni.org/

4. References:

    a. Regulations for Officer Development (ROD): https://www.netc.navy.mil/Commands/Naval-Service-Training-Command/Regulations-for-Officer-Development/

    b. Navy Uniform Regulations: https://www.mynavyhr.navy.mil/References/US-Navy-Uniforms/Uniform-Regulations/

    c. Marine Corps Uniform Regulations MCO 1020.34H

    d. Marine Corps Drill and Ceremonies Manual MCO P5060.20: https://www.marines.mil/portals/1/Publications/MCO%205060.0 signed EDD.pdf?ver=2019-06-05-103257-473